EDALHOUS JE DIGEST

THE OFFICIAL DALHOUSIE COMMUNITY NEWSLETTER





403.690.9677

colin.ongyerth@shaw.ca

Top Selling Agent in the Community for 2021 #1 Agent in 2021 for detached home sales 25 inner city NW sales YTD in 2022



Unsecured food waste attracts wildlife. Keep clever coyotes hunting in the wild by ensuring garbage, compost, and recycling are in secure bins.

Calgary Wildlife is a registered charity and the only wildlife hospital within the City of Calgary. We promote positive wildlife-human interactions by giving educational talks at schools, community groups, and associations throughout the city.

Please visit www.calgarywildlife.org for more information.





WWW.DALHOUSIECALGARY.CA

Contact Us: 403-286-2555

Check our website or call for the most up-to-date events and times.

BOARD OF DIRECTORS 2022-2023

EULE EUEU		
NAME	POSITION	
James Reimer	President	
Ron Cornish	1st Vice President	
Jonathan Maynard	2 nd Vice President	
Brent Clark	Planning and Development	
Marilyn Lambert	Treasurer	
Wayne Pennington	Secretary	
John Piera	Board Member	
Stephanie Desmarais	Communications Committee	
Petro Babak	Board Member	
Sue Nicholls	Board Member	
Rochelle Lamoureux	Community Engagement	
Jen Henderson	Board Member	

COMMUNITY OFFICE STAFF

General Manager gm@dalhousiecalgary.ca
Finance finance@dalhousie.ca
Community Programs/ admin@dalhousiecalgary.ca
Events/Rentals

All Dalhousie residents are welcome to attend.

Our Board Meetings are always the third Tuesday of
the month at 7:00 pm!

Mission: The Dalhousie Community Association provides programs and services that reflect the varied interests of the community by engaging and supporting staff and volunteers.

Vision: Our vision is to ensure Dalhousie is a vibrant, dynamic, and inclusive community that promotes involvement.

To View Additional Dalhousie Content

INCLUDING

- News and Events
- Real Estate Statistics
- Crime Statistics

and More...

SCAN HERE





Mark your calendars!

DCA's Annual General Meeting

Tuesday, January 24 at 7:00 pm

Held at the Dalhousie Community Centre
Door prize draw for attendees, and wine
and cheese social to follow.

Meet your Board, find out what's going on in the community, and discover how you can help!

Registration and more info at www.dalhousiecalgary.ca

Dalhousie Out of School Care (DOSC)

Days and Hours of Operation

All program locations run from 7:00 am to 6:00 pm, Monday through Friday, including professional development days. We provide care to children on location at West Dalhousie School, Dalhousie School, and in the kindergarten program at the Dalhousie Community Centre.

Currently, space is available for children attending West Dalhousie School and the community kindergarten program, with a waitlist for children attending Dalhousie school. For more information, please call the DOSC Directors, Shelley or Saima, at 587-487-8218, or email doscdirector@dalhousiecalgary.ca.

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

Great News Media and the Community and/or Residents' Association do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

Social Square Dance

Free First Time Start any Monday Night! January – April

7:30 - 9:30 pm Highwood Hall 10 Harlow Ave NW

See us on Facebook, Meetup, or Website Modern Square Dance or Banff Trailers

Our Digest Format Will Be Changing

The Dalhousie Digest is an important tool to communicate news and events to our residents and neighbours. In order to provide more relevant material in a streamlined format, the DCA Board has decided to self-publish a newsletter with a greater focus on community news and events at the Dalhousie Community Association and in the city. This change will allow us more creative control over what is sent to Dalhousie residents and ensure more consistent communication on all our platforms (in print, email, and on social media). If you would like to receive the new Dalhousie Digest via email, please call 403-286-2555, or email Sam at admin@dalholusiecalgary.ca to ensure you are on our list.

Our newsletter will be distributed quarterly, instead of monthly, with the first issue anticipated in March 2023. The newsletter will still be mailed to your homes, and we hope to also send an electronic version to members who have provided an email address. Since our publication will become less frequent, we encourage our membership to keep updated about events in the community using our online tools, including:

- Our website: www.dalhousiecalgary.ca
- Our Facebook page: Follow "Dalhousie Community Association"
- Our Instagram feed: Dalhousie Community @dcayyc
- Our Twitter account (for as long as Twitter exists!): Dalhousie Community Association @dcayyc
- Our NextDoor account

All changes will be reviewed at the end of 2023, and we are happy to consider your feedback. While the look of the digest will change, we will continue to strive to deliver relevant content with important updates for our residents.

There will be opportunities for advertisement in our new digest format in the coming months. If you are interested in advertising, please connect with us at 403-286-2555 or email admin@dalholusiecalgary.ca.

Finally, we offer our thanks to Great News Media for their partnership and support for these past 18 months.



Ongoing Programs at the DCA

Activity Name	Contact for Registration	Dates and Time	
Banzai Karate	banzaikaratedojo@gmail.com	Tuesdays and Thursdays, 6:00 pm	
Calgary Folk Club	www.calgaryfolkclub.com	Second and Fourth Weekend of each Month, 7:30 pm	
Dalhousie Senior Drop-in Cribbage	403-286-2555, ext. 101, dalhousiecalgary.ca	Wednesdays, 1:30 pm	
Girl Guides of Canada, Guides, and Pathfinder Programs	204-471-4672	Contact 204-471-4672 for more information	
Karuna Yoga	info@karunayoga.ca	Wednesdays, 9:15 am, Saturdays 9:00 am	
Mommy Connections Calgary	katherinemcyyc@gmail.com	Wednesdays, 10:30 am	
Stagecoach Theatre Arts Calgary	stagecoachschools.ca	Saturdays, 2:45 pm	
Spring Life Dance	xwzhang88@gmail.com	Contact xwzhang88@gmail.com for more information	
Raymond Wong/Tai Chi/Kung Fu	403-650-9191	Contact 403-650-9191 for more information	
Take off Pounds Sensibly (TOPS)	www.tops.org	Mondays, 9:30/9:45 am	
Weight Watchers	weightwatchers.com/ca/en/find-a- workshop/ 1022241/ ww-studiocalgary- nw-calgary-ab	Mondays, 10:00 am, Tuesdays, 6:30 pm, Fridays, 12: 30 pm	
Heart to Core Fitness	thoilesg@gmail.com	Tuesdays and Thursdays, 7:30 pm	
Gentle and Therapeutic Yoga	monica. espinosa@soultemplewellness.com	Mondays, 11:15 am	
Christ The Fountain of Love Church	anugomjoy@gmail.com	Sundays, 9:00 am	
Dance Beyond Borders	lisa.senn@albertaballroomcompany.com	Contact lisa.senn@albertaballroomcompany.com for more information	
Vital1Fitness Essentrics Classes	403-208-3307, classes@vital1.ca	Mondays, 10:30 am	
One Step Ahead Dance	403-247-3607, office@onestepaheaddance.com	Contact office@onestepaheaddance.com for more information	
RCCG Living Spring Chapel	http://www.livingspringchapel.ca/, 438-940-3828, rccglsc21@gmail.com	Sundays, 10:00 am to 12:00 pm. Bible study on Tuesdays, 7:00 to 8:00 pm (Online)	
Rahmi Fitness	info@rahmifitness.com	Saturdays, 4:00 pm	
Ch	Check our website or call for the most up-to-date events and times.		

Who's at the DCA

At the DCA, many different user groups have found a home. We have opened our doors to church members, dance clubs, Yoga, Zumba, cardio training, Scouts, Girl Guides, weddings, birthdays, baby showers, and engagement parties. We are engaging with the community on many different levels as we discover the new interests of our guests and renters. Let us know if you're interested in joining or if you would like to be a renter and offer your own event.

Contact us at admin@dalhousiecalagry.ca.

Land Acknowledgement

The DCA gratefully acknowledges that we live, learn, work, and play in the traditional territories of the people of Treaty 7, as well as the Métis people of Alberta.

Follow Us!

Follow us on Facebook, Instagram, and Twitter @dcayyc.

Kindergarten Information Session: January 17

January marks the start of kindergarten registration across the city! Kindergarten can be a big step and time for some big decisions. We would like to help! For over 50 years kindergarten has been our specialty, so feel free to think of us as an experienced friend. If you have questions about the process, want to learn more about your options and what's available, or even just want to ask about what children learn in kindergarten, we once again will be hosting an Open House/information session for parents on Tuesday, January 17 from 6:00 to 7:00 pm. All are welcome to attend.

Children must be five by December 31, 2023, for registration in funded kindergarten programs such as ours. Our registration process takes place online through our website at dcakids.com.

Our integrated and welcoming classroom provides a variety of unique activities and learning experiences designed to keep your child engaged and excited about learning. We are also proud to foster a strong sense of community between our families and within our students. An on-site before and after school care program is offered by the Dalhousie Community Association. Our program is publicly funded and follows curriculum requirements set out by Alberta Education. Each class size is limited to 18 students. Please visit





Dalhousic Community Garden Update

OPEN HOUSE - MAY 2022

The DCA put on an open house to provide more information to the community on the proposed project and to get feedback from our neighbours.



The present the pr

LICENSE OF OCCUPATION - ONGOING

The DCA is working through the City of Calgary process to extend the DCA's footprint to use the land the garden would occupy. This includes consultation with multiple city departments and major stakeholders (such as the CBE)



The DCA has been awarded Parks
Foundation Stella Conceptual Drawing
Grant. This will provide the funds to develop
a comprehensive design based on the open
house feedback.





SITE SURVEY APPROVAL - WINTER 2022/2023

The project requires 67% of the neighbours to be in favour of the project. Once the design is complete the committee will re-engage with the neighbours for feedback and approval.

FUNDRAISING & COMMUNITY BUILD

Assuming all approvals are successful, we expect to start fundraising winter/spring 2023 with the garden build starting May 2023



For more information or to join the garden mail list contact garden@dalhousiecalgary.ca

YOUR CITY OF CALGARY

Learn More About Property Assessment at Ask the City Assessor Q&A Session

from the City of Calgary

Learn more about how The City determines property assessments at Ask the City Assessor Q&A session. This virtual information session is free and open to Calgary home and commercial property owners, who may have questions about the 2023 Property Assessment process. During this session, City Assessor Eddie Lee will answer questions on how property assessments work. There will be a short presentation followed by a question-and-answer period. Property owners are encouraged to ask general questions.

Note: Due to privacy concerns, Mr. Lee will not answer property specific questions during this session. Citizens are invited to call 403-268-2888 to ask questions specific to their Property Assessment.

When: Tuesday, January 17, 7:00 to 8:00 pm.

Where: Virtual on Microsoft Teams. Register via calgary. ca/assessment.



juliahayter.albertandp.ca

√cope₄58 Authorized by Alberta NDP

Dalhousie Community Preschool



Happy New Year!

As we welcome a new year, we hope that all of our preschool families were able to spend some quality time with family and friends, as well as enjoy some down time and holiday fun! We are excited to get back in the classroom and to hear about the children's adventures during the winter break and get back into the routine of preschool!

Important Dates for 2023/2024 Registration:

January 9 to 13, 2023 - Pre-registration opens for current families, alumni, and Dalhousie Community Kindergarten families.

January 17, 2023 - In person open house at the Dalhousie Community Preschool from 6:00 to 7:00 pm.

*More information regarding our registration process can be found on our website.

Upcoming Dates:

January 9 - Classes resume January 27 - PD Day – No classes

Skip the Depot

If you would like to support our community preschool, you can easily do so by donating your empty cans and bottles! We have teamed up with Skip the Depot to help raise funds for our non-forprofit preschool!

- 1. Download the Skip the Depot app. https://app. skipthedepot.com/dcpreschool.
- 2. Schedule a pickup time and leave your bags outside.
- 3. Funds will automatically be donated to the Dalhousie Preschool.

This is a simple, zero contact way to support the school, while decreasing your to-do list! Any donations would be greatly appreciated!

If you have any inquiries or questions about the preschool, please contact: doscdirector@dalhousiecalgary.ca or visit www.dcpreschool.ca for more information.





Thank you Dalhousie!

Our holiday food drive and toy drive were a success!

We donated over 1200 kg of food to the Calgary Veteran's Food Bank,
and donated over 100 toys to Inn From the Cold.

It is a pleasure to live in a neighbourhood where people show they care for each other.





THE CANADA-UKRAINE FOUNDATION AND THE UKRAINIAN CANADIAN CONGRESS UKRAINE HUMANITARIAN APPEAL



Dalhousie Community Association 5432 Dahart Rd NW Calgary AB T3A1V6 October 6, 2022

Dear Friends,

Thank you for your generous donation of \$5,909.60 made on 07/08/2022 to the Ukraine Humanitarian Appeal, a joint effort of the Ukrainian Canadian Congress and the Canada-Ukraine Foundation.

Your meaningful gift in support of the Ukraine Humanitarian Appeal is helping to provide humanitarian relief to displaced persons in the form of medical care, emergency shelter and food security. Thank you!

The Ukrainian Canadian Congress brings together all the national, provincial, and local Ukrainian Canadian organizations under one umbrella. The Canada-Ukraine Foundation (Charitable registration #: 89899 2151 RR0001) was formed in 1995 to coordinate, develop, organize, and deliver assistance projects generated by Canadians and directed to Ukraine. For almost three decades, the Canada-Ukraine Foundation has helped coordinate and deliver humanitarian aid to Ukraine as it strives to strengthen its democracy through economic prosperity and freedom.

Once again, our thanks for your commitment and steadfast support of CUF's critical mission.

Sincerely,

Orest Sklierenko, President and Chief Executive Officer Canada-Ukraine Foundation Alexandra Chyczij, National President Ukrainian Canadian Congress

Dalhousie Outdoor Rink Update

At the time of writing this we are in the midst of a cold snap which, if you are an outdoor rink volunteer, means it is a great time for making ice! By the time you will be reading this, hundreds of skaters will have enjoyed this free community activity. If you haven't had a chance to check it out, come to the back of the community centre for a skate. Families enjoy both the rink and tobogganing hills on a regular basis.

The outdoor rink behind the community centre is maintained by a dedicated group of volunteers. In August, a rocking good night of fun with the band "The Hip Replacements" was held at the community centre as a fundraiser in support of improvements to the rink. Part of the proceeds (which totalled approximately \$5,000) allowed the DCA to acquire a new sweeper to help make snow removal faster and less labour intensive. The community engagement committee is also working on plans for a fire pit to be located near the rink.

The community association expects to have a formal answer from the City of Calgary regarding a request to expand the footprint and amenities of the rink area in early in 2023. Once the expansion is approved, work will begin to plan for further upgrades. Again, those plans will need to be approved by the City, but the overall goal is to finish the project in time for the 2025 skating season.

All of this will require both volunteers and funding. Plans are in place to hold another "Hip Replacement" fundraiser in September, so watch for the second edition of this great event! In the meantime, if you would like to help with the rink, or get involved in helping to plan for the future, please reach out to the DCA.



Skating lessons on the Dalhousie Outdoor Rink



by Anne Burke

The Calgary Naturalists' Club was started in the late 1940s. Its activities included plant, bird, and star study groups. After the Calgary Bird Club was formed, the Calgary Naturalists' Club was discontinued, due to lack of support, since so many of its members had transferred their membership. The Calgary Bird Club evolved and became the Calgary Field Naturalists' Society, an advocate for the ongoing protection of parks and other natural areas by letters and through engagement with city officials.

According to the Provincial Archives of Alberta, when the first meeting of the Federation of Alberta Naturalists was held, it was attended by representatives from six regional naturalist clubs: the Calgary Field Naturalists' Society (now known as Nature Calgary), the Edmonton Bird Club, the Edmonton Natural History Club, the Lethbridge Natural History Society, the Alberta Natural History Society (of Red Deer), and the Bow Valley Naturalists. Membership in the Federation has since grown to include over 40 clubs, representing thousands of individuals.

The Federation (now known as Nature Alberta) was registered under the Societies Act to increase knowledge of natural history and understanding of ecological processes; to promote the exchange of information and views among natural history clubs and societies; and to foster and assist in the formation of additional natural history clubs and societies in Alberta. The aims are to promote new natural areas and nature reserves; to conserve and protect species, communities, or other features of interest; as well as to organize or coordinate conferences, field meetings, nature camps, research, and other activities. The group offers naturalists a forum in which questions relating to the conservation of the natural environment may be discussed, united positions are developed, and the means of translating these positions are put into action.

Sledding Safety

by Alberta Health Services, EMS



Emergency Medical Services (EMS) would like to remind parents and children about a few toboggan/sledding safety tips as the winter season continues. Injuries may result from collisions with stationary objects on the hill, such as trees, poles, rocks, or even collisions with other people. Unprotected falls can also result in more serious injury if you lose control at high speeds. However, everyone can be safe and have fun on the toboggan hill by following these reminders.

Equipment

- Always ensure your toboggan, or sledding device, is in good repair. Inspect it for any damaged or missing parts before each use.
- Be certain the operator is fully capable of staying in control of the sled at all times.
- Wear a ski helmet, designed for use in cold weather and high speeds.

Hazards

- Avoid hills that are too steep or too icy.
- Choose hills free of all obstacles such as trees, rocks, utility poles, benches, or fences.
- Beware of loose scarves, or clothing containing drawstrings, which could present a strangulation hazard if they become caught or snagged.

- Look out for others. Move quickly to the side after finishing a run and stay to the side of the sliding path when walking up the hill.
- Children should be supervised by an adult; never toboggan alone.
- Tobogganing at night is not advised.

Plan Ahead

- Dress warmly in layers and anticipate weather changes.
- Consider bringing extra sets of gloves and toques to exchange wet garments for dry ones.
- Take breaks out of the cold to warm up.
- Attempt to cover any exposed skin.
- Even when properly protected from the elements, the fingertips, toes, ears, the tip of the nose, and other high points on the face, such as the forehead and cheek bones can be affected by frostbite.
- If frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it, or by placing the affected part in warm not hot water, until re-warmed.

YOUR CITY OF CALGARY

Winter Cart Placement Tips

from the City of Calgary

Follow these winter tips to keep your cart collection safe and on schedule:

- Clear snow and ice to put your carts on even ground. Don't place carts behind or on top of snowbanks.
- Leave enough space around your carts to easily walk between and around them.
- Store carts in a sheltered spot and move them out on collection day so they don't freeze to the ground. Move carts back by 7:00 pm on collection day.
- Clear snow off your carts and keep lids closed. Snow in your blue cart ruins quality recyclables and makes them difficult to sort at the facility, meaning they can't be turned into new products.
- Prevent food and yard waste from freezing inside your green cart. Use compostable bags or place crumpled newspaper or a pizza box at the bottom of the cart.

Learn more at calgary.ca/cartplacement.





2023 Dalhousie Casino – Volunteers Needed

by John Piera



Would you like to hand out \$25,000? You could – as a Dalhousie Community Association volunteer for our casino fundraiser!

One of the surreal experiences when being a volunteer cashier at a casino, is handing out \$25,000 to one person! Over the years, I've done it several times and handed out over \$50,000 during one 8-hour shift. Or, you could be a banker, and count over \$500,000 in poker chips and cash during your shift. Incredible amounts of money to see all at one time.

If you would like to be a volunteer, our casino dates have been confirmed for February 2 and 3, 2023 at the Cowboy's Casino. We are looking for volunteers for the following positions: Manager, Banker, Cashier, Chip Runner, and Count Room. Currently all positions are available on both days.

This is a valuable fundraiser for the DCA, raising \$60,000 to \$80,000, all of which goes to paying for local programs, supplies, facility maintenance, and improvements. It raises more money for the amount of volunteer hours than any other fundraiser.

In addition to receiving unlimited snacks and drinks during your shift, you will also receive a meal. It is a great time to visit and get to know your neighbours. Please consider volunteering as we were a few volunteers short at the last casino. To volunteer, or if you have questions, please contact John Piera at 587-999-0321 or at johnpiera@hotmail.com, or our General Manager, Doug, at the DCA office. To access the volunteer form, please go to www.ALGC.ca/forms and search "Casino Volunteer Worker Application."

GRANDPARENT SCAM ALERT

WHAT IS THE SCAM?

Scammers are calling seniors claiming to be family members in need of immediate money for bail or hospital expenses.

The scammer will often send someone to the door to pick up payment.

BAIL FACTS:

- Police, lawyers, judges or jails do not call people to get money.
- Bail/fines are typically paid at a courthouse, police station or jail.
- Bail in Alberta is typically \$10-\$500.
- Bail can't be paid using gift cards.



"Court appointed"
couriers don't exist.
If someone asks to
come to your home
to pick up payment,
it's a scam.



If it has to be now, it has to be no. Using fear or high-pressure tactics are usually a red flag.



Always ask for proof of identification and call-back numbers.

Talk to family, friends or other people you trust to help verify claims or requests.



If you have lost money or the scam is in progress, contact the Calgary Police Service at 403-266-1234

To report a scam in general, contact the Canadian Anti-Fraud Centre at 1-888-495-8501

DOLLARS & SENSE

Fly Safely on Your Vacation

from the Better Business Bureau

Are you thinking about traveling by air for a few days?

Before Clicking the Button to Buy Tickets, BBB Recommends the Following:

- Check current requirements for domestic and international travel. In Canada, look for Canadian travel advisories.
- Make sure everyone who is traveling has the appropriate ID. Make certain parties traveling together have a current compliant ID as required by the provinces or countries you're traveling to.
- Read all cancellation policies carefully. Not all situations require a full refund of the ticket value and fees if your flight is canceled. Each online travel agency, airline, and broker is different.
- Book tickets only after reviewing travel restrictions.
 Save time and stress by reading the updated status of restrictions on the Health Canada website.
- Consider trip insurance. Have a complete understanding of what the policy does and does not cover.
- Be an informed traveler. Refer to the Department of Transportation website for details on consumer issues, filing complaints, and other aviation information.
- Avoid hidden fees. Read the fine print!

Flying isn't the only aspect of your trip to consider.

Here Are Some Other Travel-Related Resources from BBB:

- Rental cars: Make your next car rental experience a little easier.
- **Hotel rooms:** Learn what to keep in mind when booking a hotel room.
- **Travel agents:** Know what to look for in a travel agent and find one near you.

During the holiday or any time of year, find ways to travel safely and avoid scams. If you plan to travel to or from Canada, check for travel advisories. Remember to report any suspicious activities to BBB Scam Tracker and sign up for Scam Alerts.

For more information go to BBB.org.

MLA Calgary - Edgemont
Prasad Panda
222, 5149 Country Hills Blvd NW
Calgary, Alberta

403-288-4453

✓ calgary.edgemont@assembly.ab.ca



As we ring in the new year and many people make their resolutions, Alberta's government is resolved to improve healthcare.

We know Alberta has the best frontline healthcare staff in the entire world, but despite the excellent work of our doctors, nurses, paramedics, and other frontline staff, our patients are waiting too long to access the care they deserve.

Our government's goals include improving EMS response times, decreasing emergency room wait times, reducing wait times for surgeries, and developing long-term reforms through consultations with frontline workers, including discovering ways to restore decision-making to local healthcare professionals and authorities.

Albertans want accountability within Alberta Health Services, and they want to know that a world-class health system and level of care is available when they need it. We care deeply about our healthcare system, and we need to ensure it's working to support Albertans and their loved ones, should they need it.

We must be honest about the state of our healthcare system if we are going to fix it. Right now, the system is struggling to keep up with growing demand. The driving force behind these changes is building a system that is not only strong but resilient to changing circumstances and growth pressures.

Like you, I cherish the work of our frontline healthcare workers and I care deeply about the system they operate in. That is why I am pleased to see our government acting to resolve these longstanding issues in our healthcare system.

We will not kick the can down the road. We will act now to ensure Albertans have the world-class system they deserve for generations to come.

Best wishes to you and your family for an excellent 2023!

BUSINESS CLASSIFIEDS

FOR BUSINESS CLASSIFIED AD RATES CALL GREAT NEWS MEDIA AT 403-720-0762 OR SALES@GREATNEWSMEDIA.CA

OFFICIAL PLUMBING & HEATING: Small company, low overhead, excellent warranties, and great rates. Specializing in residential service and installs. Services include furnace service and replacement, hot water tank service and replacement, leaks, clogs, gas fitting, and more. Licensed and insured. Why wait? Call today and get it fixed today! Available 24/7, we accept debit/VISA/MasterCard. Call 403-837-4023 or email info@officialplumbingheating. ca; www.official-plumbing-heating.ca.

DALHOUSIE MORTGAGE BROKER: SAVE A BUNCH OF CASH! As a Calgary mortgage broker, I have helped your neighbors navigate their purchase, refinance, and renewal options. If you are looking for expert mortgage advice, excellent rates, many options, and better financing, Call Anita at 403-771-8771 | anita@anitamortgage.ca | Licensed by Avenue Financial.

JOIN OUR 10 WEEK KIDS' KICKBOXING PROGRAM: Kids will learn the basics of kickboxing, develop confidence, and have a blast working out. Early bird special: \$275 from \$350. Sign up before January 15. Program runs from February 6 to April 10. Two classes a week. Call 403-544-0277 or visit us at www.arbeaumuaythai.com.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

JEFFREY ELECTRIC: Friendly, professional electrical service for your next residential project, large or small. 10 years serving Calgary, City Qualified Trade, Master Electrician, licensed, insured. Very competitive rates for quality electrical work. Service panel upgrades from 60 amp to 200 amp. Car chargers, aluminum rewiring, custom kitchens and basements. Free estimates. www. cejelectric.com or call Clayton at 403-970-5441.

LET IT GROW INC: Hourly technical horticulture contracting by Jean-Mathieu Daoust: 20+ years of experience, licensed pesticide applicator LPA 24313, ISA certified arborist pr2392a. Garden and landscape consultation, DIY hands-on training, pest control, plant nutrition, plant health care, tree health and risk assessment, light pruning, root zone enhancement. Call 587-574-4709 or email letitgrowhort@gmail.com.

FALCONER HANDYMAN SERVICES LTD: Stucco patching, re-stucco, small renovations, flooring, drywall and painting, foundation parging, and small concrete work. We can also build or fix decks, fences, etc. No job is too small. Fully insured. WCB and BBB member. For free estimates, please call Wes at 403-809-3644 or email handyfalconer@gmail.com.

MY AIDE IN LIFE: Residential Support for Seniors - Private, non-medical services such as meal preparation, house cleaning, pet assistance, laundry, groceries, temporary post operative care, and more. Same services as an agency but with the extras! Downsizing, moving, and new home set-up packages also available. Contact Robyn at 403-708-3657, myaideinlife@gmail.com, or visit www.myaideinlife.ca.







Colin Ongyerth

403.690.9677

B Comm. (Finance)

colin.ongyerth@shaw.ca

Top Selling Agent in the Community for 2021 Sold over 10 detached homes in 2021 #1 Agent in 2021 for detached home sales

Happy New Year and all the best in 2023!

Free Home Evaluations (No Obligation)











