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# GREAT NEWS MEDIA

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## BOARD OF DIRECTORS 2022-2023

NAME	POSITION
James Reimer	President
Ron Cornish	1 <sup>st</sup> Vice President
Jonathan Maynard	2 <sup>nd</sup> Vice President
Brent Clark	Planning and Development
Marilyn Lambert	Treasurer
Wayne Pennington	Secretary
John Piera	Head of Communications Committee
Stephanie Desmarais	Board Member
Petro Babak	Board Member
Sue Nicholls	Board Member
Rochelle Lamoureux	Board Member

### COMMUNITY OFFICE STAFF

General Manager	gm@dalhousiecalgary.ca
Finance	finance@dalhousie.ca
Community Programs/ Events/Rentals	admin@dalhousiecalgary.ca

**All Dalhousie residents are welcome to attend.  
Our Board Meetings are always the second Tuesday  
of the month at 7:00 pm!**

## Updates to the Board of Directors

As we shift from 2021 to a (hopefully) better and brighter 2022, we also see some changes to the board membership of the Dalhousie Community Association. Our biggest change is the switching of roles between our former president, Ron Cornish, and one of our two former vice presidents, James Reimer. We are happy to see James take on the new role of president, and grateful that Ron will stay on as a vice president. The role of secretary has also changed hands, from John Piera to Wayne Pennington. John will stay on as a board member, heading the Communications Committee. We are thankful that, though some roles will change, these members will continue to be a part of our team.

Additionally, we are happy to welcome Rochelle Lamoureux and Sue Nicholls as our newest board directors-at-large. Rochelle has jumped in with both feet, leading our newly formed Community Engagement Committee. As our board grows, we hope that our ability to do great things for our community will grow, too!

While some things change, others will stay the same. Jonathan Maynard, our second vice-president, and Marilyn Lambert, our treasurer, will both stay on in their roles. Petro Babak and Stephanie Desmarais, will both remain as directors-at large, and Brent will continue to head the Planning and Development Committee. We appreciate these valuable team members, all of whom continue to do excellent work.

The Board of Directors is a volunteer organization working to support the needs of members to create a fun, safe, and inclusive community. The Board's vision is to ensure Dalhousie is a vibrant, dynamic, and inclusive community that promotes involvement. They work closely with Dalhousie Out of School Care, the Kindergarten and Preschool programs, other programs running out of the community centre, the City of Calgary, the Community Engagement volunteers, and other community groups. As many as 18 volunteers may comprise the Board of Directors; with our membership currently at 11 officers and directors, there is room for another 7 volunteers. So, if you have some time and energy to contribute to our community, please consider joining the DCA Board of Directors!



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## Meet James Reimer



We have had a few changes and would like to introduce the community to our new President: James Reimer!

**Q: How long have you lived in Dalhousie?**

A: Just over eight years.

**Q: What is your favorite thing about living in Dalhousie?**

A: So many things! But top of the list is the people who live here.

Everyone I have met is friendly and helpful. As well, Dalhousie is very walkable, has so many great little green spaces and playgrounds, and has the amenities everyone needs right here.

**Q: Tell us about your family.**

A: I raised my 3 oldest to adulthood here in Dalhousie and am working on number four who is 7 years old and loves going to Dalhousie Out of School Care to play with his friends. My wife and I both work for companies downtown (not that we've been there much in the last two years!).

**Q: Why did you join the board of the DCA?**

A: My wife and I had been talking for a while about how we could contribute to the community. One day, by chance, we ran into Ron Cornish, who was president of the DCA at the time, and the opportunity to contribute presented itself!

**Q: What is your vision for Dalhousie?**

A: Dalhousie has been and will continue to be a community where there are activities, ways to connect, and services to support families. My vision is to see us continue help make Dalhousie a vibrant, safe, and fun community where everyone can feel like they belong.

## DISCLAIMER:

Disclaimer: The opinions expressed within any published article, report, or submission reflect those of the author and should not be considered to reflect those of Great News Media or the Community and/or Residents' Association. The information contained in this newsletter is believed to be accurate but is not warranted to be so.

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## March 8<sup>th</sup> is International Women's Day

International Women's Day was first celebrated in the early 1900s, and grew out of the suffragist movements, pushing for women's right to vote. March 8 is set aside to recognize the contributions of women to social, economic, cultural, and political aspects of life. This year, the theme of International Women's Day is "Break the Bias."

The Canadian Human Rights Commission recognizes the longstanding undervaluing of work traditionally done by women, known as the gender pay gap; in 2020, women in Canada earn about 89 cents for every dollar earned by a man. To help "break the bias," the Pay Equity Act was enforced in August 2021. This federal law lays the framework to ensure that federally regulated employees receive equal pay for work that contributes equal value to an employer, regardless of their gender.

Another way to "break the bias" is by raising awareness around assumptions made in healthcare that men and women will have similar symptoms of common health conditions. In fact, females often show unique signs of some health issues. According to the Heart and Stroke Foundation of Canada, women are less likely to experience chest pain/pressure during a heart attack, and more likely to have shortness of breath, pressure, or pain in the back or upper abdomen, dizziness/fainting, and extreme fatigue. Similarly, the Centre for ADHD Awareness Canada explains that girls with attention deficit hyperactivity disorder (ADHD) more often show signs of the inattentive subtype of ADHD, rather than classic hyperactivity. As a result, girls with ADHD on average are later to be diagnosed, or not diagnosed at all, leading to missed opportunities for valuable interventions.

This year, International Women's Day reminds us to "break the bias," in our communities, workplaces, educational institutions, sports and recreation, and in our approach to health. More broadly, it encourages us to see the importance of working toward a world that is more diverse, equitable, and inclusive. For more information about International Women's Day, virtual events planned for 2022, and ideas for how to get involved, visit [InternationalWomensDay.com](https://InternationalWomensDay.com).

## Let's Meet Our Renters - Alberta Ballroom Company

Bryan and Lisa Senn are the owners of the Alberta Ballroom Company.

They have been in business since 1999, teaching instructional, couples, social and competitive dancing throughout Calgary and even the world. They are welcoming, kind, patient instructors who are always accepting new students for private or group classes. They specialize in Ballroom, Latin, Country, and Swing. (Yes, there are more than two!).

They have chosen to rent space from Dalhousie Community Association as we are a Northwest location and they enjoy the choice of rooms, sizes, availability, ample parking, and ease of booking. They enjoy the northwest and want to keep offering their programs/classes to our community.

For more information, please contact them at 587-231-1865 or check out their website at [dancebeyondborders.com](http://dancebeyondborders.com).

## Dalhousie Indoor Monthly Farmers' Market



We are an Alberta Approved Farmers' Market and our next market dates are Tuesday, March 15 and April 12.

Market Hours are 3:30 to 7:30 pm.

We have a wide range of vendors, including produce, microgreens, baked goods, frozen meals, coffee, popcorn, canned goods, chocolate, and so much more.

We are an essential service, so the Restrictions Exemption Program does not apply.

Please visit our website to see the list of vendors. <https://www.dalhousiecalgary.ca/farmers-market>.

We are looking forward to moving back outside near the end of May. Stay tuned for more information soon.

If you have any questions, please contact us at [market@dalhousiecalgary.ca](mailto:market@dalhousiecalgary.ca).

*Sonja Devauld, Market Manager*



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### We want to hear from you!

Please consider taking this short 3 minute survey to gauge interest in the proposed community garden and food forest in Dalhousie.



To access the survey, scan this QR code with your phone's camera, or go to this website:  
[bit.ly/3LbY3MA](https://bit.ly/3LbY3MA)

**Let's grow together!**



Registration for the 2022/2023 school year is ongoing! We are currently accepting registration for our both our 3- and 4-year-old programs.

More information regarding our registration process can be found on our website.

If you have any inquiries or questions about the preschool, please contact [registrar@dcpreschool.ca](mailto:registrar@dcpreschool.ca) or visit [www.dcpreschool.ca](http://www.dcpreschool.ca) for more information.

### Upcoming Dates:

March 21 to March 25 - Spring Break



We hope all our preschool families have a wonderful spring break and get to enjoy the warmer weather. Don't forget to check out what's happening in and around the Dalhousie Community Center during the break!

### Skip the Depot

If you would like to support our community preschool, you can easily do so by donating your empty cans and bottles! We have teamed up with Skip the Depot to help raise funds for our non-for-profit preschool!

It's super easy:

1. Download the Skip the Depot app. <https://app.skipthedepot.com/dcpreschool>.
2. Schedule a pickup time and leave your bags outside.
3. Funds will automatically be donated to the Dalhousie Preschool.

This is a simple, zero contact way to support the school, while decreasing your to-do list! Any donations would be greatly appreciated!

If you have any inquiries or questions about the preschool, please contact [registrar@dcpreschool.ca](mailto:registrar@dcpreschool.ca) or visit [www.dcpreschool.ca](http://www.dcpreschool.ca) for more information.

## Why Outdoor Play Is So Important

Here at the Community Kindergarten program, we are fortunate to have access to excellent outdoor spaces. These include a fantastic playground, small hills for sledding, climbing, and rolling, an outdoor rink in the winter, and wide-open field spaces for games, as well as trees, grass, rocks, and birds and bugs for exploring and observation. Each spring, we also plant a "kinder-garden" and include activities like hatching butterflies and ducklings to help make connections to the outdoors. It is a long-standing tradition at our community kindergarten to get our learners outside nearly every day that the weather allows.

Why is outdoor play so important? Fresh air and exercise are important no matter what your age is, but young children especially benefit from the chance to run, jump, climb, and raise their voices without structure and restrictions. Each day a kindergarten student is learning new things, challenged to try new tasks, and faced with the need to focus their attention and concentration. It can be stressful or exhausting to be in that situation! Getting outside can offer a welcome release of constraints from the classroom. This is a space where they can find a way to take extra space for themselves and seek quiet and solitude, or conversely, find a new way to move, make noise, connect with others, and join larger social groups. Creative and physical outdoor activities, the kind that only children can dream up, allow them to discover new skills in communicating, organizing, and coping with social challenges.

As a bonus for parents, the daily task of getting on outdoor gear and preparing for outdoor time helps our students build independence. They manage buttons and zippers, perform their mental checklists (do I have my hat? Should I take a water bottle?) and get really good at focusing on getting ready so they can get outside as quickly as possible!

Children should love school and have a positive view of learning, exploring, and asking questions. Whether they are taking part in an organized outdoor activity or taking part in free play time, we see every day that getting kids outside leads to a better sense of well-being. This only leads to positive outcomes and children becoming better learners. Kindergarten builds an important foundation for children and their families in demonstrating that learning happens in many positive ways. Outdoor time is an important part of how our program achieves this. Dalhousie Community Kindergarten info can be found at [www.dcakids.com](http://www.dcakids.com).





## RECIPE

### Irish Soda Bread

St. Patrick's Day is on March 17, and one way to celebrate Irish culture is to enjoy some traditional Irish Soda Bread. While there are many variations on Irish soda bread, the common thread is the use of baking soda as a leavening agent. Though the Irish people were not the first to make soda bread, it became popular in Ireland in the early 1800s. This was during a time of extreme poverty in Ireland. With resources scarce, soda bread became a quick and inexpensive staple for many Irish families.

According to The Society for the Preservation of Irish Soda Bread ([Sodabread.info](http://Sodabread.info)), traditional soda bread contains only flour, baking soda, sour milk (buttermilk), and salt. Originally, it was baked over an open fire in a cast-iron pot with a lid, called a "bastilbe". Nowadays, Irish soda bread can be baked in the oven, either in a cast iron Dutch oven pot, on a parchment-lined cookie sheet with a moisture source in the oven while baking, or in a cake pan with a similarly sized cake pan inverted on top, to trap moisture.

As provided on [Sodabread.info](http://Sodabread.info), here is a recipe to try:

#### Ingredients

- 4 cups of flour
- 14 oz of buttermilk
- 1 teaspoon of salt
- 1 ½ teaspoons of baking soda

#### Method

1. Preheat the oven to 425 degrees.
2. Lightly grease and flour a cake pan.
3. In a large bowl, sieve and combine all the dry ingredients.
4. Add the buttermilk to form a sticky dough.
5. Place on floured surface and lightly knead (over kneading will allow too much gas to escape).
6. Shape into a round, in a round cake pan. Traditionally, the dough is scored with a cross to divide the loaf into quarters.
7. Cover the pan with an inverted pan of a similar shape and bake for 30 minutes.
8. Remove cover and bake for an additional 15 minutes.
9. When done, the bottom of the bread will have a hollow sound when tapped. Cover the bread in a tea towel and lightly sprinkle water on the cloth to keep moist.

We hope you enjoy this bit of history and Irish tradition this March!

[www.ckpcalgary.ca/goodfoodbox](http://www.ckpcalgary.ca/goodfoodbox)

The Good Food Box Program, (GFB) is under the Community Kitchen Program of Calgary whereby anyone can purchase boxes of fresh fruits and vegetables at an affordable price.

Order by noon on Tuesday, February 22. Pickup at Dalhousie Church (5511 Baroc Rd NW) between 1:00 and 4:00 pm on Wednesday, March 2, 2022. Late pickup and limited delivery available upon request.

**Small Box** \$25 | 20 to 25lbs

**Medium Box** \$30 | 30 to 35lbs

**Large Box** \$35 | 40 to 45lbs

Order Date	Delivery Date
March 15	March 23
April 19	April 27
May 10	May 18
June 7	June 15
July 5	July 13
September 13	September 21
October 11	October 19
November 15	November 23





# GREAT BIG NATURE

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For more information check out their website at [greatbignature.com](http://greatbignature.com)

## COMMUNITY ENGAGEMENT COMMITTEE

Dear Neighbours,

My hubby has spent almost all his life living in Dalhousie. He speaks fondly of biking through the network of pathways to Roger's video, filling up on candy at the gas station, and spending long hours playing basketball at the school with his friends (and I'm sure hunched over his computer playing games with them too).

We rented an apartment in The Fortress just before we got married and have lived in Dalhousie in various capacities ever since. We eventually purchased our first family home on Dalton Drive. My children were brought home from the hospital to that little house, which we purchased from its original owners who built it in 1967 (I think).

We have spent hours wandering through the neighbourhood, walking our dog (who also has only ever called Dalhousie home), and climbing up and down every playground in the community. We sold that first home just as the pandemic hit and it took us almost two years to find our "forever home" close to West Dalhousie school, my in-laws, and my best friend's house! To say that we are a Dalhousie family would sum us up quite accurately.

My work with the Community Engagement Committee has taught me that our story rings true for many families here in Dalhousie. I know of several people who grew up here, have never left, and are raising their families here as well. It's a wonderful community and I never want to leave!

A big product of the pandemic (and let's face it, modern life in general) is that it's a bit difficult to meet neighbours and cultivate new friendships within the community. That is why I am so excited about the Community Garden/Food Forest plans that are starting to take shape.

When I Google Community Garden Benefits, 569,000,000 results appear on Google. One of the biggest benefits of a community garden is that it provides social opportunities that build a sense of community belonging and provides people with an opportunity to learn and share knowledge about gardening, nature and cooking (<https://sites.google.com/view/community-gardens-ca/about-us/benefits-of-community-gardens>).

I can't wait to see this hub of activity come to life. It will connect those who have had deep roots in this community to new friends and neighbours just beginning to fall in love with Dalhousie. It will connect those more advanced in their years to the young ones

just tagging along for the ride. A garden is healthiest and strongest when it is full of diverse and varying horticulture. So too is our community when we nurture all kinds of diversity within.

I want to hear from you! How long have you lived in this neighbourhood and how can we help you gain a sense of belonging here? Email [engagement@dalhousiecalgary.ca](mailto:engagement@dalhousiecalgary.ca) to connect.

*Rochelle Lamoureux (on behalf of) the Dalhousie Community Engagement Committee (Iris Hau, Alexandra Campbell, Anna Kjellqvist, Christina Erickson, and Rochelle Lamoureux)*

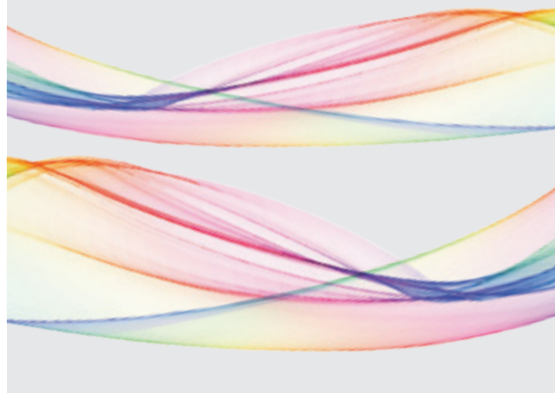


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## March is Colon Cancer Awareness Month

Colon cancer is common; in fact, it is the third most commonly diagnosed cancer in Canada. The lifetime risk for a Canadian to develop colon cancer in his or her lifetime is about 6% (about a 1/18 chance). Colon cancer typically starts as a non-cancerous growth in the intestine, called a polyp. Over time, a polyp can develop into colon cancer. Common signs of colon cancer include:

- Unexplained change in bowel habits
- Narrowing of stool
- Rectal bleeding, or blood in stool
- Feelings of bloating, cramping, pain, or discomfort in the abdomen or rectum

Talk to your doctor if you have any of these symptoms that last over an extended period of time.

Colon cancer most often occurs over the age of 50 and is more common in men than in women. In addition to age and biological sex, some risk factors to develop colon cancer include:

- Smoking
- Excessive alcohol intake
- A diet high in red/processed meat
- A diet low in fibre
- Sedentary lifestyle (low physical activity)
- Inflammatory Bowel Disease (ulcerative colitis, Chron's disease)
- A personal history of pre-cancerous intestinal polyps
- History of close relatives (first or second-degree relatives) who have had colon cancer

If you have any of these personal or family history risk factors, talk to your family doctor. He or she may suggest earlier and/or more frequent colon cancer screening than typically recommended. Some rare genetic syndromes can significantly increase the risk of colon cancer. If you have a family history of multiple close relatives with colon cancer, especially under age 50, you or your family may qualify for a hereditary cancer genetics assessment.

Colon cancer screening is typically done by fecal immunochemical tests (FIT tests) and/or colonoscopy. In general, an average person should have a FIT test at age 50, repeated every one to two years. Colonoscopy can be helpful to clarify the results of a FIT test, and/or may be helpful if someone has symptoms, or a strong family history of colon cancer. Fortunately, these screens are extremely effective tools to catch pre-cancerous polyps and early-stage colon cancer. In fact, according to the 2021 Canadian Cancer Statistics (issued by the Government of Canada and the Canadian Cancer Society), the chance of

dying from colon cancer in Canada has steadily decreased year after year, partly due to increased population screening and early detection of colon cancer.

With awareness of symptoms, risk factors, family history, and screening, we can be proactive about colon cancer risk, so that it is caught at an early and treatable stage. To learn more about signs of colon cancer, risk factors, and screening tools, visit [ColorectalCancerCanada.com](http://ColorectalCancerCanada.com), and the Canadian Cancer Society at [Cancer.ca](http://Cancer.ca).

## SAFE & SOUND

### Burns and Scalds

*by Alberta Health Services*

Each year Emergency Medical Services respond to emergencies involving young children who have sustained severe burns or scalds. These incidents often occur inside the child's own home. Common causes include a child accidentally tipping hot liquids onto themselves, touching hot surfaces such as stoves, or making contact with electrical outlets. Fortunately, incidents such as these can be avoided by taking preventative measures.

#### Degrees of Burn

- 1°: Affects only the top layers of the skin; appears red like a sun burn; discomfort is generally tolerable
- 2°: Deeper and much more painful than 1° burns; broken skin or blisters commonly develop
- 3°: Severe: The deepest layers of skin and tissue are injured; may appear charred or leathery.

#### First Aid for Burns

- Skin may continue to burn if not cooled. Immediately douse burns with large amounts of cold water.
- Cover the burn with a sterile dressing, or at least clean material to protect infection.
- Over the counter medications may be used for pain. Adhere to directions given on the label.
- Seek further medical attention, as required.

#### Prevention of Burns

- Check the temperature of your hot water tank. Temperatures as high as 60°C / 140°F will scald a child in just seconds.
- Use placemats instead of tablecloths. Tablecloths can be yanked downward causing hot drinks or food to spill on a child.
- Turn pot handles to the back of the stove and ensure cords from kettles, slow cookers, and other electrical appliances cannot be reached.
- Avoid picking up a child while holding any hot liquids.
- Ensure electrical outlets are made secure by installing commercially available safety devices which prohibit access.
- Keep children away from areas where appliances are in use (kettles, irons, hot stoves).

If you require immediate medical attention, call 911





Disease prevention by immunization has been a fantastic medical tool to prevent infections in humans since 1796 when Jenner found how cowpox in milk maidens, caught from their dairy cows, gave them immunity to smallpox, and Pasteur discovered bacterial fermentation in the 1860s.



These are the diseases presently prevented by vaccination and inoculation. Their use has predated antibiotics by two centuries, saved millions of lives, and is cheap and effective. It will now save lives from COVID-19 and its variants!

- |                              |                                |                             |
|------------------------------|--------------------------------|-----------------------------|
| 1. Anthrax                   | 13. Japanese Encephalitis      | 25. Tetanus                 |
| 2. Cholera                   | 14. Meningococcal Meningitis   | 26. Tic-Borne Encephalitis  |
| 3. COVID                     | 15. Mumps                      | 27. Tuberculosis            |
| 4. Dengue                    | 16. Pertussis (Whooping Cough) | 28. Typhoid Fever           |
| 5. Diphtheria                | 17. Pneumococcal Pneumonia     | 29. Variola (Smallpox)      |
| 6. Equine Encephalitis       | 18. Poliomyelitis              | 30. Varicella (Chicken Pox) |
| 7. Haemophilus (Influenza) A | 19. Rabies                     | 31. Yellow Fever            |
| 8. Haemophilus (Influenza) B | 20. Rotovirus                  |                             |
| 9. Haemophilus (Influenza) C | 21. Rubella (German Measles)   |                             |
| 10. Haemophilus Meningitis   | 22. Rubella (Red Measles)      |                             |
| 11. Hepatitis A              | 23. Herpes Zoster (Shingles)   |                             |
| 12. Hepatitis B              | 24. Streptococcal Pneumonia    |                             |

.....  
*There is some progress reported from Africa on the prevention of malaria by immunization, which in turn would save millions of lives. It too may soon be added to this list!*



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Greetings! As The City is no stranger to fluctuating temperatures, we must be prepared for the ongoing cold fronts as well as welcoming those warmer degrees.

Here are some helpful tips on how to protect your family and your home from major storm damage and flooding, as well as ways to help out around your community to prepare for the coming spring clean-up.

### **Protecting Your Roof**

Most hailstorms occur between May and October, and Calgary is no exception to those challenging weather events. The City is offering an expanded rebate program for those who have installed or are planning to install a Class 4 Impact-Resistant roofing product to their home. For more information and to check eligibility, please visit [Calgary.ca/hail](http://Calgary.ca/hail).

### **Keeping Storm Drains Clear**

There are over 60,000 storm drains in Calgary, and as they are our main stormwater management system, here are some things you can do that are safe and possible to help keep them clear:

- Clear snow, ice, or debris such as leaves and sticks away from the drain.
- Leave a channel to help water flow.

For more information and safety measures, please visit [Calgary.ca/stormdrains](http://Calgary.ca/stormdrains).

### **Snow Removal and Street Cleaning**

As we move into the warmer months, snow/ice removal and street cleaning will become part of every community's spring clean-up management. Please remember to check your spring street cleaning schedule, and to make sure you move your cars at the designated places and times in order to make this process more efficient.

I look forward to the warmer months ahead and wish everyone in Ward 4 a safe and healthy spring.

Thank you,

*Sean Chu*



### **Youth Summer Jobs**

It's that time of year where students interested in summer employment, volunteering, or academic programs should think about their applications. There are plenty of opportunities in our community and across Canada to gain experience, new perspectives, and earn tuition over the summer.

Last month, I wrote about the Parliamentary Internship Programme. While the deadline to apply for that program has passed, there are many other programs still waiting for applicants.

Opportunity abounds to contribute to your community with programs such as the Canada Service Corps and Junior Canadian Rangers. With the Students on Ice Arctic Expedition, you can travel and learn with students from around the world. These volunteer positions allow you to gain experience and an understanding of the impact your work can have.

There are plenty of programs that offer paid work experience too. The Federal Student Work Experience Program (FSWEP) matches high school and university students with temporary jobs in the Government of Canada. Young Canada Works offers a variety of short-term job and internship programs to students and recent graduates. The Parks Canada Youth Ambassador Program provides you the opportunity to foster a love of Canada's nature and culture. Each of these programs offers a unique and enriching experience.

These programs help you build important skills, foster connections, and learn about yourself and the world around you. If none of them particularly pique your interest, there is a resource available to anyone in need of help writing a resume: the Job Bank resume builder at [www.jobs.gc.ca](http://www.jobs.gc.ca).

All of these opportunities, and more, are available at [www.canada.ca](http://www.canada.ca) under the header "Youth and student job training".

Please share this information with those who you think may be interested in, or eligible for, these programs. Anyone looking for employment opportunities should visit [www.jobbank.gc.ca](http://www.jobbank.gc.ca) for thousands of opportunities here and across Canada.



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Alberta is the place to be for people seeking opportunity and prosperity. With companies making massive investments in tech, clean energy, manufacturing, oil and gas, and film and television, our province is once again expected to lead the country in growth in 2022.

The opportunities being created in our province have led to an increase in people moving to Alberta. U-Haul's annual growth index indicates Alberta saw more trucks arriving than leaving last year — experiencing the highest provincial growth in the country.

Home sales in Calgary shot up 72 percent in 2021 to an all-time high, reflecting the trends U-Haul is seeing. The previous high for sales in a year was set in 2006, during an oil boom. The benchmark price for a home rose to \$451,567, eight percent higher than in 2020 and just below 2015's record high.

U-Haul says Calgary secured top spot in terms of the destination for people moving to Alberta, suggesting the strong economic growth and job creation we've seen is enticing people to move here.

This isn't spontaneous growth either, this recovery has been purposefully built since the spring of 2019. From policies aimed at cutting corporate taxes and reducing red tape to actively seeking out major projects and investors to come to Alberta, our government has been laying the framework for this thriving economic situation since taking office.

Alberta's Recovery Plan is working. Our government is committed to continuing to bring back investment and create opportunities for new, emerging, and diverse businesses. Canadians are voting with their feet and moving to our province where there is renewed hope for the future thanks to the return of the Alberta advantage.



# BUSINESS CLASSIFIEDS

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**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no-cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

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