DALHOUSIE NEWSLETTER

June 2021 Newsletter

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THE NEXT DCA BOARD MEETINGS WILL BE

TUESDAY, JUNE 8TH, 2021 AT 7PM

ALL DALHOUSIE RESIDENTS ARE

WELCOME TO ATTEND. MORE MEETING

DETAILS TO COME ON OUR WEBSITE!

COMMUNITY OFFICE STAFF

<u>General Manager:</u> gm@dalhousiecalgary.ca, 403-286-2555 <u>Reception/Events Booking</u>: admin@dalhousiecalgary.ca, 403-286-2555

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<u>Dalhousie Out of School Care</u>: doscdirector@dalhousiecalgary.ca
587-437-8218



Would you like to receive this newsletter
on a regular basis? Please email
admin@dalhousiecalgary.ca with your
name and e-mail address to ensure future
delivery!

THE DALHOUSIE COMMUNITY CENTER
REMAINS CLOSED UNTIL GOVERNMENT
RESTRICTIONS ARE LIFTED

UPCOMING EVENTS

Community Clean Up - June 20

DCA Summer Day Camps & Third Party Camps - July & August

Welcome Back Event - September 11th

Show N' Shine - September 11th

Christmas Craft Fair - November 27

The City of Calgary would like to thank citizens and businesses for their continued adherence to public health orders and for playing an important role in the health of all Calgarians.

More information is available on Calgary.ca/covid19.

CHILDREN'S SUMMER DAY CAMPS!

Dalhousie will be host of many fun and exciting Day Camp opportunities for children! We will have our own awesome Dalhousie Day Camps which are operated through the DCA, as well as the highly anticipated musically theatre camp with Miss K with this year's theme being "Jambo To The Jungle". We also have Mad Science, Engineering For Kids, and more coming to the Dalhousie Community Centre this summer!

For more information about camps, please look below for contact information on how to register:

- DCA Day Camps and Musical Theatre Camp admin@dalhousiecalgary.ca
- Mad Science madscsab@telusplanet.net
- Engineering For Kids calgary@engineeringforkids.net
- Spanish and French Immersion Summer Camp contact@polyglots.ca
- Stagecoach Musical Theatre Camps calgary@stagecoachschools.ca



Keep watch on at dalhousiecalgary.ca for updates on our camps, themes, dates and more!

DCA SUMMER DAY CAMP DATES AND PRICING

- July 5th to 9th, 2021 Cowboys and Aliens
- July 12th to 16th, 2021 Princesses and Pirates
- July 19th to 23rd, 2021 Science, Science, Science
- July 26th to 30th, 2021 All Around the World
- August 3rd to 6th, 2021 **The Great Outdoors** (short week due to August Long Weekend)
- August 9th to 13th, 2021 Under the Sea
- August 16th to 20th, 2021 Animals and Insects



Families must register for the entire week OR month! NO DAILY RATES AVAILABLE!

• **Basic Option (9am-5pm)**: \$200

• **AM Option (7am-5pm)**: \$215

• PM Option (9am-6pm): \$210

• Full Option (7am-6pm): \$225

Prices are lower for the week of August 3rd-6th, 2021. Please see below!

• **Basic Option (9am-4pm)**: \$160

• AM Option (7am-4pm): \$175

• PM Option (9am-6pm): \$170

• Full Option (7am-6pm): \$185

"JAMBO TO THE JUNGLE" MUSICAL THEATRE CAMP



JAMBO TO THE JUNGLE!

MUSIC THEATRE CAMP

DALHOUSIE COMMUNITY CENTER

JULY 12TH – JULY 16TH 2021

9:30 AM - 2:30 PM

AGES 6 AND UP (max of 15 participants)

PERFORMANCE - FRIDAY JULY 16TH @ 6:30 PM

Join us for a fun week of singing, playing the jungle beat, and helping with set design, props and costumes. This is a musical based on Aesop's Fable - **THE LION AND THE MOUSE**.

My favorite line in the musical is, "AND THOUGH THEY WERE DIFFERENT, ONE BIG AND ONE SMALL, THE DIFFERENCE BETWEEN THEM, DIDN'T MATTER AFTER ALL."

Campers will be asked to follow COVID-19 protocols set out by the DCA. Please bring a water bottle and a lunch.

HOPE YOU CAN JOIN ME! MRS. K (Wendy Kondrat)



DJ RECKLEZZ

Are you planning an Event (Weddings, Corporate Parties, Birthdays, Community Events, etc...)? Do you require exceptional music that will wow your guests? DJ RECKLEZZ could be a part of your event at the Dalhousie Community Association. Come experience the professionalism of the Disk Jockey World. Email borrice1@hotmail.com for further details and mention "CODE DCA" for applicable discounts.

PET & SITTING SERVICES

House sitting/inspection, cat/dog visits \$25. Dog walking \$18. Dog Day Care \$25. First aid pet certified. Call Elena at 403-247-6205

WILL DO ODD JOBS

Weeding, Raking, Hedges, Junk removal, Small tree trimming, Yard clean up. Need a hand with something? Call Warren at (403) 286-4348 or (403) 988-3276.

Looking to place classified ad? Email admin@dalhousiecalgary.ca for more information!



DALHOUSIE BINGO SCAVENGER HUNT!

June 20 - 30th, 2021

The DCA has organized fun Bingo Scavenger Hunt to kick off the first 10 days of official summer! The Bingo Scavenger Hunt is open to 2020-2021 DCA members of all ages to participate in and involves different Dalhousie and area businesses, green spaces, and other fun activities that can earn you a square on the Bingo Card! Bingo cards will be available on our website at www.dalhousiecalgary.ca as well, you can ring the doorbell at the DCA during business hours and we will provide you with a Bingo card.

Bingo cards can be submitted anytime between June 20th and June 30th. They can be submitted via email or place in our mailbox outside the Dalhousie Community Centre. Once all submissions are collected, the DCA will cross reference to ensure that all entries are members and to confirm lines on card. You can submit one Bingo card per person that is indicated on your membership form you submitted to received your membership, however if there are multiple submissions per membership, you must use different versions of the Bingo cards that are available. For example, a family of 4 with 4 participating members can complete Bingo cards A, B, C, and D. They could not complete (4) Bingo cards labelled A and so forth. Bingo cards are available for download by June 19tyh on our website.

Each line on your bingo card is one entry into the draw for a \$50 DCA Credit to your account, which can be used for almost anything including Out of School Care fees, Camp fees, rental fees and more. It however cannot be used for any deposits towards child care or a rental.

If you have questions, please email admin@dalhousiecalgary.ca!



RENT A ROOM AT THE DCA!

Did you know the DCA has multiple rooms you can rent, including a dance studio? We have three regular sized meeting rooms, a large Auditorium, a Dance Studio and a Multi-Purpose Room! We host many different events and programs at our facility including birthdays, wedding, funerals, reunions and more! Not to mention the long term renters with programs such as yoga, karate, tai chi, and so much more!

If you are considering a room rental for an event or upcoming program, reach out to admin@dalhousiecalgary.ca for more information and to book for the future!

JOHN LAURIE BLVD UPDATE



Construction will begin in late Spring 2021 and completion is scheduled for Fall 2021. As part of The City's life-cycle maintenance and major roads restoration program, we're completing pavement reconstruction and restoration work on John Laurie Blvd. N.W. Improvements will include road restoration and rehabilitation of John Laurie Blvd. from Shaganappi Tr. to 14 St. as well as full intersection reconstruction at Brisebois Dr. ...

https://www.calgary.ca/transportation/ti/road-projects/john-laurie-blvd-nw- restoration.html?redirect=/johnlaurieblvd.



NORTH CALGARY WATER SERVICING STRATEGY PROJECT

The North Calgary Water Servicing Strategy project involves the construction of a new 10 km feedermain that will ensure we continue to deliver clean, safe, reliable water to existing and future communities in North Calgary. The feedermain will help deliver drinking water from the reservoir located at Edgemont Drive NW to the reservoir located at Panorama Hills Boulevard NW.

Construction is anticipated to begin in 2022 and be complete in late 2025. The project is currently in the detailed design phase. To complete this phase, site investigative work is required.

Please contact 311 with any questions or concerns about this work or visit calgary.ca/ncwss for more information.



KEEPING CALGARY TRANSIT SAFE

In March, Calgary Transit shared a security response plan to address concerns with the perception of increasing social disorder on the transit system. As part of our commitment to providing a safe transit system, we implemented a three-step plan which included:

Step 1: Increasing security visibility by expanding peace officer patrols;

Step 2: Partnering with Calgary Community Standards, Calgary Police Service (CPS), and Corporate Security for support; and

Step 3: Hiring security contractors to monitor stations which was funded by a COFLEX grant of \$1.2M until 2021.



CANOPY EXPANSION PROGRAM

Trees are an important part of the quality of life in Calgary. Trees provide a variety of environmental benefits, contribute to positive mental wellbeing and enhance connectivity within communities. Calgary Parks has a mandate to increase Calgary's tree canopy to 16%. We will reach that target by planting new trees that are suitable to our environment, maintaining our existing canopy for good health, protecting the existing canopy from loss, and advocating for more trees on private lands. Calgary's tree canopy coverage is currently 8.25%, this includes trees planted on both public and private property.

For more information about Calgary's Urban Forest, please visit www.calgary.ca/trees



HEAR FROM YOU!

The DCA is looking to continue to build our list of volunteers and even expand into some new volunteer positions year-round! We want to hear from you about what your interests and skills are, and how you would be interested in potentially volunteering around the community centre!

We have a variety of categories to choose from including:

- Gardening
- Community Clean Up Event
- Outdoor Maintenance
- Casino

- Veteran's Food Drive Drivers
- Flyer Delivery
- And Much More!

Please visit our website at www.dalhousiecalgary.ca and go to Community Info, or email **admin@dalhousiecalgary.ca** to retrieve the form that we have created to help track our volunteers, along with their skills and interests!

A MESSAGE FROM COUNCILLOR SEAN CHU

Greetings Ward 4 Residents,

Backyard fire pits, outdoor fireplaces and wood-burning ovens can be fun but be sure you're following the rules and staying safe while enjoying them.

Fire pits may only be used:

- · Between 10 a.m. and midnight, Sunday Thursday; or
- Between 10 a.m. and 1 a.m., Friday and Saturday.

It's also important to be considerate of your neighbours. Outdoor smoke can cause health issues for some people, so consider wind conditions before lighting a fire. High winds can cause smoke to travel a long distance and can be a fire risk whereas low wind speeds don't disperse smoke and can contribute to poor air quality.

- Firepits must be built into the ground, on brick or stone, or in a fire-proof container.
- Portable firepits should never sit directly on a wooden surface like a deck. Firepits must also be at least two metres away from your property line, house, garage or fence and they cannot be under trees, branches, plants or other flammable materials.
- Fires must be less than one metre high and wide, and a mesh screen or spark guard is required to reduce the spread of sparks and embers.
- Only burn clean, dry firewood and always have water close by to put out the fire. Easy options for this are your watering hose or a bucket of water.
- Finally, never leave a firepit unattended. Call 9-1-1 to report an out of control fire and 3-1-1 to report a firepit complaint and make sure no fire bans are in effect before starting a fire.

Firepit hours are restricted in Calgary – visit calgary.ca/firepits for details, rules and restrictions.

Did you know that part of your yard is made up of rights-of-way, and your property line doesn't begin at the edge of the road or sidewalk closest to your home?

As a homeowner, you are responsible for mowing and general maintenance, but it is technically the road right-of-way and is considered public land.

For more information or to learn where the right-of-way is located on your property, visit calgary.ca/row.

Thank you for your attention, Ward 4 Councillor Sean Chu

DALHOUSIE STREET SWEEPING

The City's street cleaning program removes sanding materials and debris that has accumulated on roads during the winter months. Residential street sweeping begins April 19, and street sweeping in Dalhousie will be on **June 11th and 15th**. The City's Spring Clean-up is a \$9.8 million dollar program..

Why do we sweep?

- a. Environment: To help the environment by keeping materials out of our storm and river system
 - b. <u>Safety</u>: To keep our roads safe when walking, cycling, or operating a motorized vehicle
 - c. <u>Clean air</u>: To make our community clean and reduce airborne particles

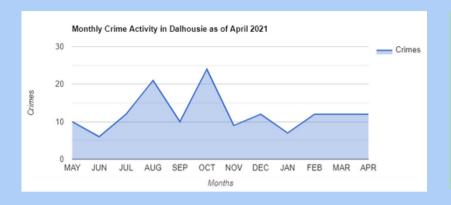
Please watch for the sign shown on the right

For more information, please visit https://www.calgary.ca/transportation/roads/road-maintenance/spring-clean-up-street-cleaning/spring-clean-up-street-cleaning.html?redirect=/sweep



DALHOUSIE CRIME ACTIVITY WAS UNCHANGED IN APRIL 2021

The Dalhousie community experienced 12 crimes in April 2021, in comparison to 12 crimes the previous month, and 9 crimes in April one year ago. Dalhousie experiences an average of 12.3 crimes per month. On an annual basis, Dalhousie experienced a total of 147 crimes as of April 2021, which is down 13% in comparison to 168 crimes as of April 2020. Total Dalhousie crimes is calculated as the sum of break & enters (dwelling, commercial, and other premises), theft from vehicles, theft of vehicles, assaults (nondomestic), commercial robberies, street robberies, and non-domestic 'other' violence.



There were 3209 311 Service Requests created

in April 2021:

- a. 2460 intakes from Phone (Mar 2350)
- b. 402 intakes from 311 App (Mar 382)
 - c. 332 intakes from Web (Mar 328)
- d. 15 from others (e.g. Ward 4 Office, etc.) (Mar 28)

COMMUNITY CLEAN UP



The City of Calgary has approved the Dalhousie Community Center to be host of one of the annual Community Clean Ups! This is a very highly anticipated and well attended event in the NW – it will be held on June 20th, 2021 from 9am-2pm. While the City trucks will dispose of many items, we are so happy to have TechnoTrash on board to help with the disposal of the following items:

- TV's (LCD, CRT or Plasma)
- Computer Systems including:
- Computer Accessories (Monitors, mice, keyboards & speakers)
- Computer parts (Cables, Cords, fans, power supplies, Hard drives for destruction, CPU, ram chips and boards)
- Laptops, notebooks, tablets and E-readers
- Printers, Fax Machines, Copiers and Scanners
- Small CLEAN household appliances: Fans, hair dryers, heaters, irons, microwaves, toasters, vacuums (empty only), etc.





- Audio visual: CD players, VCR/DVD players, stereo equipment, cable boxes, satellite equipment, digital cameras, video cameras, etc.
- Networking/Telecommunications Equipment (hubs, switches, modems, routers and phones), Cell phones and charges, answering machines, etc.
- All power and air tools: drills, grinders, saws, nail guns, compressors, table saws, etc.
- Games, toys and music including: Amplifiers, guitars, keyboards, microphones, electric/electronic toys, Video gaming equipment including game cartridges.
- Wires and Cables (Christmas lights less bulbs)
- Testing Equipment, Circuit boards

More information on what items can be disposed and recycled at the event will be available in coming weeks on our website,

Digest and E-newsletters, and social media.

We will be looking for volunteers for this event. We prefer volunteers to be over the age of 18, with steel toed or close toed shoes, and a good work effort. It is a busy day but a very fun day in the community! If you are interested in volunteering, please email

admin@dalhousiecalgary.cal

For a list of all City of Calgary Community Clean Ups, please visit www.calgary.ca and search "Community Clean Ups".

DALHOUSIE'S TENNIS AND PICKLEBALL COURTS

Did you know that Dalhousie had their Tennis/Pickleball court surface replaced 3 years ago? The playing ground have really improved and you will be able to formally book courts through the City of Calgary! If you don't book, it is first come first serve and you may not be guaranteed a court. You can check the City of Calgary website to see if a court is available or not – if it is not available, it is booked by someone else. The DCA does not book/reserve courts for participants, nor are we mediators for anyone using the courts. If you have questions or concerns about the usage of the courts or participants, please call the City of Calgary at 311 or incase of an emergency call 911.

The DCA has had Introduction to
Pickleball workshops that are free for
those that have a current DCA
membership! Keep an eye on our
website and social media for
information on if and when this
workshop will be offered this year. We
are hoping to offer as many
opportunities and we safely can once
COVID measures have been eased
and it is safe to move forward for
everyone involved.



DALHOUSIE SPRING SOCCER



There is still time to register for Spring Soccer in Dalhousie! We have partnered with SoccerTech to provide online registration and certified coaches to train and play with your children this year! The season is set to start early May and run until the end of June, with additional dates booked incase of weather or COVID interruptions.

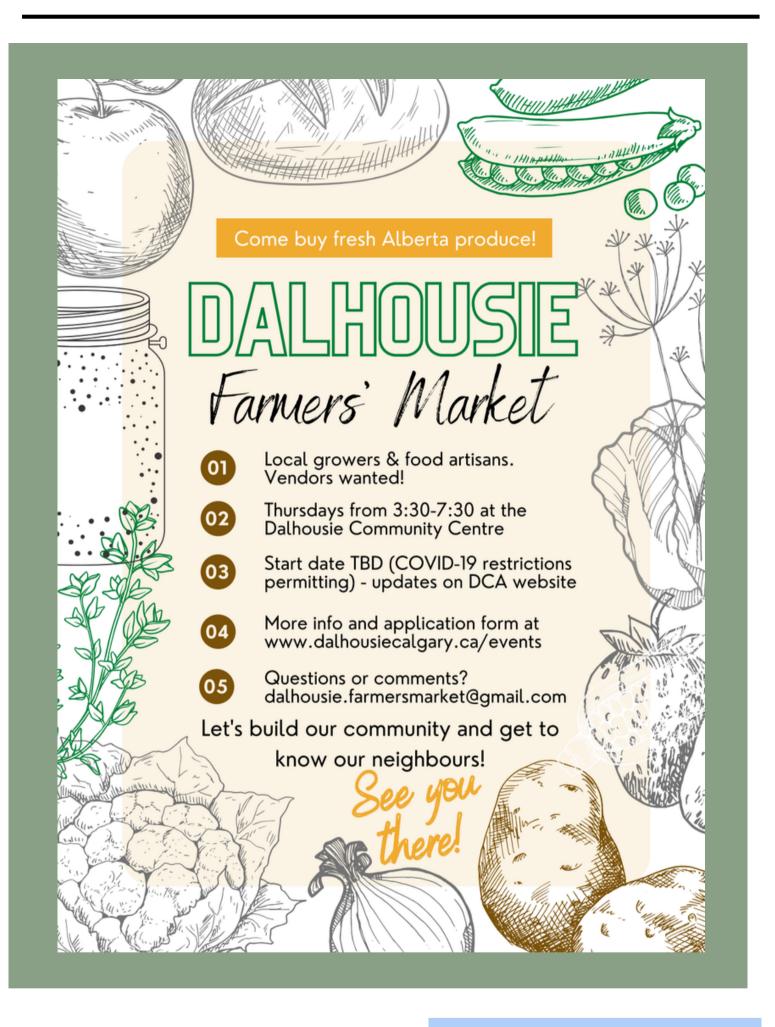


Please visit www.soccertech.ca to register today!

It is important to know that you must have a 2020-2021 DCA Membership card to register for soccer. Good news – they are free this year! Sign up for yours at https://www.dalhousiecalgary.ca/community-info/memberships/ and we will email you your membership number and you will receive your card in the mail!







THE DCA HAS A NEW LOGO!

Thank you to everyone that had submitted a piece for the DCA new logo contest! The DCA Board and Staff have voted on a winner!



Thank you, Andrew and other participants of the contest!

IN NEED OF CHILD CARE?

We would love to know more about what our Dalhousie residents are interested in us offering. Are you a parent, or maybe know someone, who would be interested on weekdays (early morning, early evening) or weekend child care while you work? We would love to hear your input if you have a need for this service or are interested in learning more if it is something we are able to offer in the future.

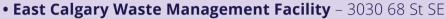
Please email

doscdirector@dalhousiecalgary.ca if you are interested in learning more about our future possibilities.

COMPOST FOR COMMUNITY GARDENS

The City of Calgary is offering up to 10 cubic yards of Screened Category A compost to all community gardens in Calgary that can be used as a soil amendment for vegetable and flower beds. Please note this is separate from compost giveaway events for residents. If your community garden is interested, please complete the attached community gardens compost request form and email form to both contacts on the request form. Once the application has been received, a City representative will contact the community organization to schedule the pickup of the compost.

Organizations are responsible for arranging a transport vehicle to pick up the compost from one of the following locations:



• Spyhill Waste Management Facility – 11808 69 St NW



- · Compost is loose, no bags or totes will be provided.
 - · Limited quantities of compost are available.
- Pickup location will be assigned by a City representative.



Loading Requirements:

- Organizations picking up small volumes of compost in personal cars, trucks or trailers will need to bring their own shovels and containers/tarps for loading purposes.
- Organizations picking up large volumes of compost can contract a tandem truck and request that The City of Calgary staff use a Wheeled-Loader or Skid Steer to load the compost.

KEEP YOUR RECYCLABLES LOOSE

Put your recyclables in your blue cart loose. Make sure your recyclables are not packed too tightly or they will not fall out of the cart during pickup. The only recyclables that should be in bags are bagged plastic bags and bagged shredded paper.





Don't put recyclables in black garbage or blue recycling bags. The recycling facility isn't set up to unbag recyclables and they need to be loose to be sorted by the machines. For the safety of workers, garbage bags are marked as garbage and are not opened.

Visit calgary.ca/recycle for more tips on how to prepare your recyclables properly.

FIRST DAY OF SUMMER!

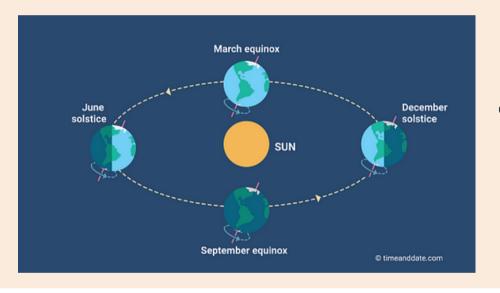
As of June 20th, Summer will officially begin in the Northern Hemisphere! Did you know that the first day of Summer and Father's Day are on the same day this year? We hope that it is a beautiful day and that there are many ways to celebrate for what could be a great Sunday Funday!





There is more to the first day of Summer other than looking forward to summer activities and warmer weather. Did you know that this is the start of their winter for those in the Southern Hemisphere – for example for friends in Australia, New Zealand, Antartica and more!

For those of us in the Northern Hemisphere, Earth is tilting mostly toward the Sun. As seen from Earth, the Sun is directly overhead at noon 23.5 degrees north of the equator, at an imaginary line encircling the globe known as the Tropic of Cancer, named for the constellation Cancer the Crab, its northernmost point. For those who live in the Southern Hemisphere, this is the shortest day of the year and the arrival of winter. The solstice happens at the same moment for everyone, everywhere on Earth.



You may also know, that the Dalhousie
Community Centre is host of a City of
Calgary Community Clean Up on the first
day of Summer as well! If you choose this
as an (end of) Spring Cleaning, we would
love to assist you with this! Please check
out our website for the most up to date
information about what items are
accepted at this event –
www.dalhousiecalgary.ca

DID YOU KNOW?

The City of Calgary's bylaws set a minimum standard for neighbourhoods, helping to ensure all Calgarians live in safe, clean and healthy communities. Homeowners must keep hedges, trees and shrubs on their property trimmed so they don't interfere with pedestrians using the sidewalk or vehicles using the street or alley. Ensure trees, shrubs and hedges are pruned back to the property line or edge of sidewalk and have a height clearance of 15 feet in alleys and streets and eight feet over sidewalks.

Street Bylaw 20M88





FATHER'S DAY

Father's Day is celebrated in many countries around the world to recognize fathers and father figures for the contributions they make to the lives of their children and others. Although it is celebrated on a variety of dates worldwide, many countries, including Canada, the United States, and Mexico observe this day on the third Sunday in June.

Father's Day is a relatively modern holiday, with the North American tradition generally being traced back to 1910. A bill to accord national recognition of the holiday was first introduced in Congress in 1913 but it was many years before it was officially recognized. In 1966, President Lyndon B. Johnson issued the first presidential proclamation honoring fathers, designating the third Sunday in June as Father's Day. Six years later, the day was made a permanent national holiday when President Richard Nixon signed it into law in 1972. In Canada, Father's Day is not an official public holiday, but is widely celebrated and promoted.



"It is not flesh and blood, but the heart which makes us fathers and sons." - Johann Friedrich Von Schiller

"By the time a man realizes that maybe his father was right, he usually has a son who thinks he's wrong." - Charles Wadsworth

"When I was a boy of 14, my father was so ignorant, I could hardly stand to have the old man around. But when I got to be 21, I was astonished at how much the old man had learned in seven years." - Mark Twain

"In my career, there's many things I've won and many things I've achieved, but for me, my greatest achievement is my children and my family." - David Beckham

"A father carries pictures where his money used to be." - Steve Martin

"Fatherhood is the greatest thing that could ever happen. You can't explain it until it happens—it's like telling someone what water feels like before they've ever swam in it." - Michael Bublé

"A father is neither an anchor to hold us back nor a sail to take us there, but a guiding light whose love shows us the way."
Unknown



What does a dad joke suggest to you? One that is ultimately harmless but only barely clever? Indescribably cheesy and/or dumb? A joke so corny you hate it with every fiber of your being.... but also can't help but laugh at it? (or at least groan out loud?) Here are a few in honor of Father's Day!

- When does a joke become a "dad joke?" When it becomes apparent.
 - Two guys walked into a bar. The third guy ducked.
 - Want to hear a joke about construction? I'm still working on it.
- Did you know the first French fries aren't actually cooked in France? They are cooked in Greece.
 - My uncle named his dogs Rolex and Timex. They're his watch dogs!

WE ♥ DALHOUSIE NEIGHBOUR DAY – JUNE 19

Neighbour Day (Saturday June 19) is a yearly celebration of community spirit in Calgary. It started in 2014 in honour of the incredible support and generosity Calgarians showed after the 2013 floods. Since then, the City has promoted grassroots events or activities that foster and recognize the value of connecting with neighbours, showing how we care for each other and celebrating how we all can make Calgary a great city. You can find the City's information at https://www.calgary.ca/csps/cns/neighbourhood-services/neighbour-day.html and on social media with #yycNeighbourDay.

Dalhousie is a great community, not only because of our physical characteristics, but also because of the great people who live here. All of our greatness should be celebrated! More than ever, the past year has shown us how precious our connections to one another are along with the value of vibrant and supportive communities. Our friends, neighbours and family, as well as local businesses, schools and their employees, and our community activities, groups and their volunteers have never been more important in our day to day lives. Like wise the parks, greenspaces, playgrounds, biking and walking paths of our city.



How can you honor, celebrate or give back? Can you help people connect in some way? Is there an activity or project you can help promote? Can you decorate to lift people's spirits, or promote a virtual gathering or small outdoor visit? Can you inspire others to help a worthy cause? Your contribution might be as small as saying "thank you" with a handwritten note, or something bigger that inspires a viral movement! Let's all (safely) celebrate Neighbour Day 2021 in our fantastic Dalhousie neighbourhood!



Emergency Medical Services

Heat Related Illness



EMS would like to remind everyone to stay safe in the heat and sun this season. While children and the elderly may be more susceptible to the effects of heat and sun, basic prevention measures should be taken by all to avoid a heat related illness during periods of hot and humid weather.

Heat exhaustion

- Heat exhaustion can occur due to excessive fluid loss during periods of prolonged sweating in a hot and/or humid environment (indoors or outdoors);
- Patients may suffer headaches, weakness, fatigue, nausea/vomiting, thirst, chills, and profuse sweating;
- The patient is usually cold and damp to the touch and the skin may appear pale, or dusky gray.

Heat stroke

- Heat stroke is a medical emergency which, without prompt treatment, could be fatal;
- It occurs when the body can't cool itself naturally (e.g. perspiration). The body's temperature will continue to rise to dangerous levels;
- Due to severe dehydration and the inability to sweat, the patient may appear flushed, and skin may be hot and dry to the touch.

First aid

- First aid for all heat related illness begins with removing or sheltering the patient from the hot environment;
- Remove excess, or tight fitting clothing, and allow them to rest in a cool environment;
- If the patient is conscious and alert, provide suitable fluids such as: water, juice, or a sports drink;
- If you are concerned, seek medical attention.

Prevention

- Stay well-hydrated by drinking plenty of water, at all times;
- Be aware that excessive alcohol consumption will promote <u>de</u>hydration;
- Always wear a broad brimmed hat to keep the sun off your face and neck;
- Apply a broad spectrum, waterproof sunscreen with a minimum SPF of 30+, especially for children. The sun's UV rays peak between 11am-3pm, even on cloudy days.

www.albertahealthservices.ca

ENGAGEMENT, ENGAGEMENT, ENGAGEMENT

It's a busy time at the City for planning projects that benefit Calgary communities. Engagement is always an important part of planning any project and there are several engagements underway right now that may interest you.

North Central BRT Study: https://engage.calgary.ca/greenline/brtstudy

As Green Line leaves downtown and crosses the Bow River to 16 Avenue N in the first stage of construction, we know that communities to the north must connect to the transit network and that bus service will need to adapt to the new LRT line. The study will consider improvements from downtown along the existing Centre Street N and Harvest Hills Boulevard route to 160 Avenue N.

North Central Mobility Study: https://engage.calgary.ca/greenline/mobilitystudy

With the addition of the Green Line LRT and North Central BRT, Calgarians are going to move differently throughout Calgary. This study is being conducted to understand how travel patterns may change as a result of Green Line operations and BRT services on opening day and into the future. We will share our ideas on how to improve services for all transportation users and how to protect community livability by reducing cut-through traffic. Your input will help shape the future of mobility in north central Calgary.

Plus 15 Wayfinding Improvements: https://engage.calgary.ca/plus15wayfinding

This Plus 15 network is well-used by people who live, work, and visit downtown, but it can be a confusing place to navigate. A clear wayfinding system will make it easier to use the Plus 15 network, attracting more people and creating a better overall experience. We are engaging with Calgarians to help us understand the key issues that a new Plus 15 wayfinding system should address.

Explore Your Street Survey: https://engage.calgary.ca/exploreyourstreet

The City of Calgary is collecting your input to help us understand how neighborhood streets around the city are used by Calgarians walking, wheeling and taking transit. Share your experiences, observations, drawings and photos of how the streets in your community are used.

Foothills and McMahon Concept Plan: https://engage.calgary.ca/Foothills-McMahon

The City of Calgary, in partnership with the University of Calgary, is in the early stages of creating a Concept Plan for the City-owned Foothills Athletic Park and university-owned McMahon Stadium lands. The Concept Plan will provide a roadmap for the future development of the site that reflects the needs of its users and the community.

Balmoral Circus: https://engage.calgary.ca/BalmoralCircus

In fall 2020, as part of the Neighbourhood Streets North Hill Area project, a pilot park expansion at Balmoral Circus transformed the intersection at 2 Street and 19 Avenue N.W. We want to hear from you about design considerations for permanent changes to Balmoral Circus to help us create an attractive and meaningful community destination.

Hillhurst-Sunnyside Streetscape and Public Realm Improvements: https://engage.calgary.ca/kensingtonarea/hillhurstsunnysideimprovements

This project is part of the Established Areas Growth and Change Strategy, a program that provides funding to support public realm improvement projects in established communities where growth and change are happening. We are looking to make a series of community-level improvements within the communities of Hillhurst and Sunnyside

West Hillhurst Streetscape and Public Realm Improvements:

https://engage.calgary.ca/kensingtonarea/westhillhurstimprovements

This project is also part of the Established Areas Growth and Change Strategy, a program that provides funding to support public realm improvement projects in established communities where growth and change are happening. Your feedback will help us create a list of potential area improvements that we will ask you to prioritize in our next phase of engagement.

This project is also part of the Established Areas Growth and Change Strategy, a program that provides funding to support public realm improvement projects in established communities where growth and change are happening. Your feedback will help us create a list of potential area improvements that we will ask you to prioritize in our next phase of engagement.

Do you have an interest in planning, development or transportation? Do you want to help guide your Community through its ongoing evolution? If so, consider joining the Dalhousie Community Association Planning and Development Committee. If you want to find out more, you can email us at pd@dalhousiecalgary.ca or check out the Planning and Development section of the Dalhousie Community Association website at https://www.dalhousiecalgary.ca/development/

CALL FOR VOLUNTEERS

Dalhousie Community Association



Emergency Medical Services



Backyard Play Safety



With summer upon us, Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over a layer of shock-absorbing material.

Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four
- Children can drown in just a few centimetres of water if it covers their mouth and nose
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres(*) high and have a self-latching, self-closing, lockable gate.

(*Alberta Building Code)

Lawn and garden tools

- Keep young children away from outdoor power equipment
- Serious burns may result from touching hot engine surfaces
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

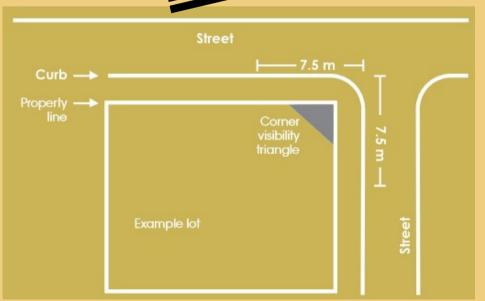
Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions
- Avoid wearing brightly coloured clothing outdoors
- Consider destroying or relocating hives and nests situated near your home
- To avoid injury through inadvertently stepping on a stinging insect, always wear footwear outdoors
- If your child has received an 'EpiPen - Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it
- If your child experiences a severe reaction to an insect sting or other environmental cause, seek medical attention or call 9-1-1

www.albertahealthservices.ca



DID YOU KNOW?



Hedges, trees or shrubs must not grow to or remain at a height greater than 750 mm (29.5 inches) if located on the corner of a lot within a "corner visibility triangle".

Fences, walls or other structures within a "corner visibility triangle" must also not exceed a height of 750 mm. The "corner visibility triangle" covers an area determined by measuring 7.5 m (24.6 feet) back from the curb corner on each side of your property.

Calgary Traffic Bylaw 26M96





associated with the account. What does a DCA Membership get you? It covers you and those indicated on your membership with insurance in all of our DCA programs and events. We are working towards collaborating with Dalhousie and other Calgary businesses to be able to offer discounts and deals at their business. Check out www.dalhousiecalgary.ca under the Memberships to get our updated list of partners!



If you have already purchased a membership for the 2020-2021 year, you will receive a free membership for the 2021-2022 membership year!

Please note: DCA Membership years run from September 1st to August 31st of each year.

Added Bonus! - Starting in September, if you show your 2020-2021 DCA Membership card at The Hangar Flight Museum you receive 10% off admission!

Is there a recreation program that you would like to see brought to the DCA? Email admin@dalhousiecalgary.ca with suggestions on programs you would like to see in your community!

CALLING ALL 2021 BRIDES AND GROOMS!

Did you know the DCA has an Auditorium, with attached Conference Room and Commercial Kitchen with a bar for rent? We can host up to 250 people seated at tables (depending on other layout requests)! There is no need to worry about setting up or taking down the tables, our staff do that for you. You can rent the space up until 1:00 a.m.. We also have microphones, speakers, projector and screen, a portable bar and more available to you as well.



Here are Saturdays available between May 2021 and September Long Weekend 2021:

June 5, 12, 19, 26 July 10, 17, 31 August 14, 28 September 4



We would love to host your wedding any day of the week that is available! If you have an inquiry about a different date or any rental question, please email admin@dalhousiecalgary.ca



RENTAL SPACE AVAILABLE AT THE DCA!



Weekly, Bi-weekly, Monthly or One-Time – we are open for select bookings during these difficult times. We are open for renters that run registered programs and one-time bookings that are able to adhere to current Alberta Government gathering guidelines, the City of Calgary by-law, and DCA guidelines.

We currently have the following rooms available during the said dates and time frames:

Mondays

Auditorium: 9am-6pm
Phoenix Room: 9am-9pm
Sunrise Room: 1230pm-9pm
Conference Room: 9am-9pm
Dance Studio: 9am-330pm
Multi-Purpose Room: 4pm-9pm

Tuesdays

Auditorium: 9am-6pm
Phoenix Room: 9am-9pm
Sunrise Room: 9am-9pm
Conference Room: 9am-9pm
Dance Studio: 9am-9pm
Multi-Purpose Room: 4pm-9pm

Wednesdays

Auditorium: 245pm-545pm
Phoenix Room: 9am-9pm
Sunrise Room: 9am-9pm
Conference Room: 9am-9pm
Dance Studio: 9am-4pm
Multi-Purpose Room: 4pm-9pm

Thursdays

Auditorium: 9am-630pm
Phoenix Room: 9am-9pm
Sunrise Room: 9am-9pm
Conference Room: 9am-6pm
Dance Studio: 9am-430pm
Multi-Purpose Room: 4pm-9pm

Fridays/Saturdays: ALL DAY

Sundays

A<u>uditorium, Conference, Sunrise,</u>
<u>and Phoenix</u>: 1pm-1am

<u>Dance Studio & Multi-Purpose</u>

<u>Room</u>: All Day

Here are the current capacities with the minimum social distancing for each room:

Auditorium - 70 Conference Room - 8 Sunrise Room - 10 Phoenix Room - 10 Multi-Purpose Room - 15 Dance Studio - 20

Check out our website **www.dalhousiecalgary.ca** for FAQ, prices, and photos. If you have further questions or inquiries email **admin@dalhousiecalgary.ca**

DCA RENTALS

We have a our commercial kitchen available to rent! The commercial kitchen boasts 4 large stainless steel counter spaces, 4 commercial grade sinks, a large freezer, a large 3 door cooler and two smaller coolers, ice machine, dishwasher, stove and oven, convection oven, and other

We have two rental options: \$250 for the day or \$40/hour, with a minimum 2 hour rental and an additional \$250 refundable damage deposit







Please note as it is a commercial kitchen, there are no dishes, pots and pans, cutlery, etc. The kitchen must also be cleaned before the end of your booking, and your booked time must include your time you allocate to clean the kitchen.

For further questions, please email admin@dalhousiecalgary.ca

BE A PART OF THE SOLUTION: REPORTING COMMUNITY ISSUES TO THE CITY

Have you stumbled over an uneven sidewalk, noticed a sinkhole or frost heave in the road, or came across hateful graffiti? These are only a few scenarios that can be reported to the City via their 311-application available in the iOS and Android store. The application is easily downloaded and setup. Once setup, citizens can use the application to geo-tag and flag issues for the City to follow-up on. Our City is big and our community relatively small, so bringing our items of concern to the City's mind will help in as much as "the wheel that squeaks the loudest is the one that gets the grease."

Dalhousie Out Of School Care

The Dalhousie Out of School Care Program has recently upgraded our Programs and Services to better accommodate our families within the community. Now you can access Full Time Care, Part Time Care and Innovative Child Care Service Options with ease. Please visit our website for further information at https://www.dalhousiecalgary.ca or contact the Out of School Care Director via email at

doscdirector@dalhousiecalgary.ca

Space is limited and on a first come, first served basis so don't delay, reach out and inquire today!

What Component of Care Do You Require?

Before School Care ONLY - Grades 1 to 6

<u>Five (5) Days per Week – Monday to Friday</u>

- Dalhousie Elementary School = \$407.00 per month (\$20.35 Daily Rate)
- West Dalhousie School = \$165.00 per month (\$8.25 Daily Rate)

<u>Three(3) Days per Week – Monday, Wednesday & Friday</u> ONLY

- Dalhousie Elementary School = \$300.00 per month (\$25.00 Daily Rate)
- West Dalhousie School = \$120.00 per month (\$10.00 Daily Rate)

Two (2) Days per Week - Tuesday & Thursday ONLY

- Dalhousie Elementary School = \$216.00 per month (\$27.00 Daily Rate)
- West Dalhousie School = \$96.00 per month (\$12.00 Daily Rate)

After School Care ONLY - Grades 1 to 6

Five (5) Days per Week - Monday to Friday

- Dalhousie Elementary School = \$407.00 per month (\$20.35 Daily Rate)
- West Dalhousie School = \$407.00 per month (\$20.35 Daily Rate)

<u>Three (3) Days per Week – Monday, Wednesday & Friday ONLY</u>

- Dalhousie Elementary School = \$300.00 per month (\$25.00 Daily Rate)
- West Dalhousie School = \$300.00 per month (\$25.00 Daily Rate)

Two (2) Days per Week - Tuesday & Thursday ONLY

- Dalhousie Elementary School = \$216.00 per month (\$27.00 Daily Rate)
- West Dalhousie School = \$216.00 per month (\$27.00 Daily Rate)

Before AND After School Care - Grades 1 to 6

Five (5) Days per Week - Monday to Friday

- Dalhousie Elementary School = \$520.00 per month (\$26.00 Daily Rate)
- West Dalhousie School = \$520.00 per month (\$26.00 Daily Rate)

<u>Three (3) Days per Week – Monday, Wednesday & Friday ONLY</u>

- Dalhousie Elementary School = \$384.00 (\$32.00 Daily Rate)
- West Dalhousie School = \$384.00 (\$32.00 Daily Rate)

Two (2) Days per Week - Tuesday & Thursday ONLY

- Dalhousie Elementary School = \$280.00 (\$35.00 Daily Rate)
- West Dalhousie School = \$280.00 (\$35.00 Daily Rate)

Kindergarten Care

Five (5) Days per Week - Monday to Friday

- Dalhousie Elementary School = \$875.00 per month (\$43.75 Daily Rate)
- Dalhousie Community Kindergarten = \$875.00 per month (\$43.75 Daily Rate)

<u>Three (3) Days per Week – Monday, Wednesday & Friday ONLY</u>

- Dalhousie Elementary School = \$576.00 per month (\$48.00 Daily Rate)
- Dalhousie Community Kindergarten = \$576.00 per month (\$48.00 Daily Rate)

Two(2) Days per Week - Tuesday & Thursday ONLY

- Dalhousie Elementary School = \$400.00 per month (\$50.00 Daily Rate)
- Dalhousie Community Kindergarten = \$400.00 per month (\$50.00 Daily Rate)

A Glimpse into DOSC Dalhousie Out of School Care

Are you thinking of signing your child(ren) up for before and/or afterschool care? We serve West Dalhousie Elementary School (Kindergarten through grade 6) and Dalhousie Elementary Spanish Bilingual School (Kindergarten through grade 5).

At West Dalhousie, our Site Supervisor Miss. Christy has been there since September 2019. She has her Childcare Worker Certification and has been in the field for 6+ years with experience working with Children with Special Needs and Exceptionalities. This program currently has capacity up to 45 children.





At Dalhousie Elementary we have two Site Supervisors for kindergarten students. Miss. Linda who has been with our program for 2 years with her Child Care Worker Certification and Miss. Saima who has been with our program for 5+ years and has her Child Care Supervisor Certification. This program has capacity of up to 30 children.

Lastly, our third Site Supervisor for the Dalhousie Elementary Students in grades one through five is Miss. Yang Yang. She has been with our program for 3 years and has her Child Care Supervisor Certification.

This program has a capacity of up to 70 children.



Call 587-437-8218 or email doscdirector@dalhousiecalgary.ca to reserve your spot today!

DOSC PUBLIC REGISTRATION!

We are already looking forward to the next school year as we start to look into winding up the current school year with our children in the Dalhousie Out of School Care program (DOSC)! We will start public registration for new families starting June 1st, 202and will continue until spaces are filled in both schools. In order to receive more information about what you need to register and when you can make an appointment to do so, please email Sharon at doscdirector@dalhousiecalgary.ca or give her a call at 587-437-8218!

We hope to see your family in September!





DOSC Licensing/Health Visits were a huge success!



The Dalhousie Out of School Care Program has recently had their Licensing and Health Inspections completed! All sites were visited and all locations passed with flying colours. Even with an unannounced surprise visit at our West Dalhousie School, there was nothing but great reviews all around. If you are interested in finding out more information about our programs, please visit our website at https://www.dalhousiecalgary.ca or contact the Out of School Care Director via email atdoscdirector@dalhousiecalgary.ca . Space is limited and on a first come, first served basis so don't delay, reach out and inquire today!

DCA KINDERGARTEN

Celebrate Kindergarten!

The program at Dalhousie Community Kindergarten is designed to offer a wealth of experiences to our eager learners and we are very proud of the variety of challenges we offer. We believe that our classroom is a place where we can (and should) build a foundation that encourages a lifelong enthusiasm for learning and exploring! In February we celebrated the 100th day of school – how time has flown! This was a day for our students to celebrate much they have learned and how much we have grown – both literally and figuratively!

Our Kindergarten classroom is definitely the place to bring enthusiasm for trying new things and learning new skills. In February we also started outdoor skating lessons on our community rink. Some of our students were on skates for their first time ever, while others brought established skills. All were enthusiastic about working hard, picking themselves up inevitable slips and falls and supporting each other to learn something new. We send a heartfelt thank you to the volunteers who have built and maintained this little treasure in our community. Given the restrictions of COVID, we were so fortunate to have an outdoor rink option in our backyard.

Our class for 2021-2022 is currently full, but we will be keeping a waiting list, as there are often changes. Please email us or call our office (403-288-1050) if you are still considering options. You can also find information about our program at www.dcakids.com. We always welcome inquiries and would be please to tell you more about our exceptional community





DCA PRESCHOOL





Registration is now ongoing for the 2021/2022 school year, please check our website www.dcpreschool.ca for more information or contact our registrar: registrar@dcpreschool.ca

Wow! Time sure does fly by when your having fun!! Here we are at the end of our 2020/2021 school year, and what a great one it was. We would like to take a moment to thank all of our students and their families for making it a year to remember. We look forward to seeing some familiar faces back in September, and wish all of our students moving into Kindergarten all the best in their new schools! We hope all our Dalhousie Community Preschool families enjoy a safe and happy summer!

Registration is now ongoing for the 2021/2022 school year, space is limited! Please check our website www.dcpreschool.ca for more information or contact our registrar: registrar@dcpreschool.ca

Upcoming Dates:

June 11th - PD Day (no school)
June 16th - Last day of classes

Skip the Depot:

If you would like to support our community preschool, you can easily do so by donating your empty cans and bottles! We have teamed up with Skip the Depot to help raise funds for our non for profit preschool!

It's super easy:

- 1. Download the Skip the Depot app https://app.skipthedepot.com/dcpreschool
 - 2. Schedule a pick up time and leave your bags outside
 - 3. Receive your refund and donate to the school

This is a really simple, zero contact way to support the school, while decreasing your to-do list! Any donations would be greatly appreciated!

If you have any inquiries or questions about the preschool please contact registrar@dcpreschool.ca or visit www.dcpreschool.ca for more information.

