

The Dalhousie Digest

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www.dalhousiecalgary.ca

Happy Easter

Dalhousie Bingo Scavenger Hunt!
March 29th – April 6th, 2021

Spring Soccer Registration Open!

Check our NEW website at www.dalhousiecalgary.ca for Community Center programs and services, general community information and more.



Dalhousie Community Association

5432 Dalhart Road NW • 403-286-2555 • admin@dalhousiecalgary.ca

The next DCA Board Meeting will be
Tuesday, April 13, 2021, 2021 at 7:00 p.m.
All Dalhousie residents are welcome to attend.



Spring Community Office Hours

DCC Is Open By Appt. Only At This Time

Monday-Friday: 9:00 a.m. – 12:00 p.m.

Saturday & Sunday: Dependent on Rentals

The Community Centre is open for allowed renters and rental groups, however it is not fully open to the public at this time.

Community Office Staff

General Manager: gm@dalhousiecalgary.ca, 587-437-8217

Finance: finance@dalhousiecalgary.ca, 403-286-2555

Out of School Care: doscdirector@dalhousiecalgary.ca, 587-437-8218

Reception/Rentals: admin@dalhousiecalgary.ca, 403-286-2555

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In Our Community

A Message From The Board Of Directors

Constantly Re-evaluating to Meet the Changing Needs of Dalhousie

The Dalhousie Community Association (DCA) exists to improve the quality of life of residents in the Dalhousie Community. That is accomplished through the construction and maintenance of facilities, offering DCA run programs, and working in cooperation with other non-profit and for-profit organizations to offer programs.

In addition to our main DCA building beside H. D. Cartwright J.H.S., we also operate a smaller building on Dallyn Street beside Dalhousie Elementary. Dalhousie is also fortunate to have over 20 parks, 10 playgrounds, 6 full size soccer fields, 5 fastball/baseball diamonds, 6 tennis courts, two off-leash parks, one outdoor ice rink and miles of paths! There is also a full-size gym in West Dalhousie Elementary, and smaller gyms in H. D. Cartwright J.H.S, Dalhousie Elementary, St. Dominic's Elementary and Dalhousie Community Church that are available for rent. We are truly fortunate to have so many facilities at our disposal.

Programs have been more of a challenge for the past year due to the Corona Virus. Provincial and municipal restrictions have forced many programs to close or open at a fraction of the previous capacity. The board of directors are constantly putting out feelers to see if there is interest or need for a program that is currently not being offered. Most recently, we asked the residents if there was interest in a Blockwatch Program or a farmer's market. There was no interest in one and very little interest in the other which is okay. We also use to run a "Triple A" program for seniors, but that shut down a couple of years ago due to declining interest. But we'll keep on asking and we hope that you will keep on letting us know what programs we can offer so that we can continue to improve the quality of life for residents in Dalhousie.

John Piera



**Dalhousie
Community
Association**

Dalhousie Bingo Scavenger Hunt!

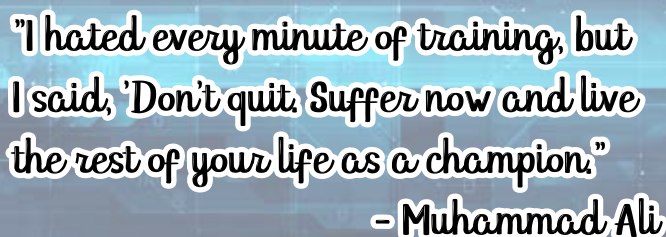
March 29th – April 6th, 2021

The DCA has organized fun Bingo Scavenger Hunt for the community over Spring Break and the long weekend! The Bingo Scavenger Hunt is open to 2020-2021 DCA members of all ages to participate in and involves different Dalhousie and area businesses, green spaces, and other fun activities that can earn you a square on the Bingo Card! Bingo cards will be available on our website at www.dalhousiecalgary.ca as well, you can ring the doorbell at the DCA during business hours and we will provide you with a Bingo card.

Bingo cards can be submitted anytime between March 29th and April 6th. They can be submitted via email or place in our mailbox outside the Dalhousie Community Centre. Once all submissions are collected, the DCA will cross reference to ensure that all entries are members and to confirm lines on card. You can submit one Bingo card per person that is indicated on your membership form you submitted to received your membership, however if there are multiple submissions per membership, you must use different versions of the Bingo cards that are available. For example, a family of 4 with 4 participating members can complete Bingo cards A, B, C, and D. They could not complete (4) Bingo cards labelled A and so forth. Bingo cards are available for download by March 25th on our website.

Each line on your bingo card is one entry into the draw for a \$50 DCA Credit to your account, which can be used for almost anything including Out of School Care fees, Camp fees, rental fees and more. It however cannot be used for any deposits towards child care or a rental.

If you have questions, please email admin@dalhousiecalgary.ca!



"I hated every minute of training, but I said, 'Don't quit. Suffer now and live the rest of your life as a champion.'"
- Muhammad Ali

April Fool's Day

As many know, April Fool's Day comes around every year on April 1st. Often, radio show, news anchor, and friends and family use this opportunity to try and trick people with funny (but maybe true?) news and pranks that will leave you laughing!

For those that are not aware, April Fool's Day spread throughout Britain in the 18th century and had become a two day event in Scotland – which included that tradition of starting with “hunting the gowk”. This meant, people were sent on were sent on phony errands (gowk is a word for cuckoo bird, a symbol for fool) and followed by Tailie Day, which involved pranks played on people's derrieres, such as pinning fake tails or “kick me” signs on them.

It is important to make sure you think through your prank or “fake news” announcements, as you wouldn't want to physical injury anyone, damage property or intentionally make someone feel very upset.

Here is a list of relatively harmless and “easy to clean up” pranks to try on your friends and family:

- Get a fake spider and tape it on the inside of a lamp shade that is often used, when it is turned on it will look like a HUGE spider is inside the lamp
- Fill someone's room, office, or vehicle with balloons that overflow when they open the door
- Attach an airhorn to your spouses at home office chair or your colleague, when they sit down, they will be alerted!
- Instead of caramel dipped apples, try making caramel dipped onions and watch as your friends react to the taste!
- If you have a hand sprayer in the kitchen, take with scotch tape the handle so when someone turns on the tap, they get a surprise spray!

West Valley Softball 2021

West Valley Softball is the designated softball program for children in your community wishing to play or learn the sport. West Valley offers a Learn To Play program for children born between 2016-2013 and a softball program for girls born 2012-2002. The softball season runs late April to mid- July. For more information check out the West Valley website www.westvalleysoftball.ca, email me at programs@silverspringscommunity.ca or give me a call at 403-288-2616.

Dalhousie Preschool News

Happy Spring Dalhousie! The days are getting longer and warmer so we have been taking advantage of our playground for some outdoor play, exercise and fresh air! Inside the classroom we have been busy learning about penguins and watched the Calgary Zoo penguin walk. We used the world map to talk about all the places we have been, and also set up an airplane that we could pretend to fly to different places around the world! We have moved on to learning about space and exploring planets, rocket ships and astronauts!

If you are ever around the Dalhousie Community Centre please come take a look at our outside window to see the beautiful art made by the children! They sure do work hard!

Registration is now ongoing for the 2021/2022 school year, space is limited! Please check our website www.dcpreschool.ca for more information or contact our registrar: registrar@dcpreschool.ca

Upcoming Dates:

- April. 2 – Good Friday – no school
- April. 5 – Easter Monday – no school

Skip the Depot:

If you would like to support our community preschool, you can easily do so by donating your empty cans and bottles! We have teamed up with Skip the Depot to help raise funds for our non for profit preschool!

It's super easy:

1. Download the Skip the Depot app <https://app.skipthedepot.com/dcpreschool>
2. Schedule a pick up time and leave your bags outside
3. Receive your refund and donate to the school

This is a really simple, zero contact way to support the school, while decreasing your to-do list! Any donations would be greatly appreciated!

If you have any inquiries or questions about the preschool please contact : registrar@dcpreschool.ca or visit www.dcpreschool.ca for more information.

A Glimps into DOSC Dalhousie Out of School Care

Are you thinking of signing your child(ren) up for before and/or afterschool care? We serve West Dalhousie Elementary School (Kindergarten through grade 6) and Dalhousie Elementary Spanish Bilingual School (Kindergarten through grade 5).

At West Dalhousie, our Site Supervisor Miss. Christy has been there since September 2019. She has her Childcare Worker Certification and has been in the field for 6+ years with experience working with Children with Special Needs and Exceptionalities. This program currently has capacity up to 45 children.

At Dalhousie Elementary we have two Site Supervisors for kindergarten students. Miss. Linda who has been with our program for 2 years with her Child Care Worker Certification and Miss. Saima who has been with our program for 5+ years and has her Child Care Supervisor Certification. This program has capacity of up to 30 children.

Lastly, our third Site Supervisor for the Dalhousie Elementary Students in grades one through five is Miss. Yang Yang. She has been with our program for 3 years and has her Child Care Supervisor Certification. This program has a capacity of up to 70 children.

Call 587-437-8218 or email doscdirector@dalhousiecalgary.ca to reserve your spot today!



Dalhousie's Tennis and Pickleball Courts

Did you know that Dalhousie had their Tennis/Pickleball court surface replaced 3 years ago? The playing ground have really improved and you will be able to formally book courts through the City of Calgary! If you don't book, it is first come first serve and you may not be guaranteed a court. You can check the City of Calgary website to see if a court is available or not – if it is not available, it is booked by someone else. The DCA does not book/reserve courts for participants, nor are we mediators for anyone using the courts. If you have questions or concerns about the usage of the courts or participants, please call the City of Calgary at 311 or incase of an emergency call 911.

The DCA has had Introduction to Pickleball workshops that are free for those that have a current DCA membership! Keep an eye on our website and social media for information on if and when this workshop will be offered this year. We are hoping to offer as many opportunities and we safely can once COVID measures have been eased and it is safe to move forward for everyone involved.



This Month in History

April 4, 1949

Twelve nations signed the treaty creating NATO, the North Atlantic Treaty Organization.



Children's Summer Day Camps!

Dalhousie will be host of many fun and exciting Day Camp opportunities for children! We will have our own awesome Dalhousie Day Camps which are operated through the DCA, as well as the highly anticipated musically theatre camp with Miss K with this year's theme being "Jambo To The Jungle". We also have Mad Science, Engineering For Kids, and more coming to the Dalhousie Community Centre this summer!

For more information about camps, please look below for contact information on how to register:

- DCA Day Camps and Musical Theatre Camp: admin@dalhousiecalgary.ca
- Mad Science – madscsab@telusplanet.net
- Engineering For Kids - calgary@engineeringforkids.net
- Stagecoach Theatre Arts – calgary@stagecoachschools.ca

Keep watch on at dalhousiecalgary.ca for updates on our camps, themes, dates and more!

Youth Soccer In Dalhousie

Are your children looking to join in some safe and fun soccer this year? The Dalhousie Community Association, in correlation with SoccerTech, are offering a soccer

season this year! Registration is online through SoccerTech and you can register NOW! You will need a valid 2020-2021 DCA Membership card and will need to enter your number at registration. If you don't have a card yet, don't worry – the DCA Board has generously provided free memberships for the remainder of the membership year (expires August 31, 2021 at 11:59 p.m.)! To get yours, email admin@dalhousiecalgary.ca!



At this time of this publication, we do not have set days and times for the soccer season, however it will be updated on our website and social media as soon as we have the details.

Parade of Garage Sales and Parking Lot Sale

Our Fall Parade of Garage Sales and Parking Lot Sale was a HUGE success for both vendors and a record turn out! It was so great to see many people following COVID measures and guidances, and many people wearing masks outdoors. It is great to see you were all taking care of each other and being cautious!

We are awaiting confirmation from governing bodies, however we are tentatively planning to go ahead as planned for our spring Parade of Garage Sales and Parking Lot Sale that will be held in Dalhousie on May 29th and 30th, 2021. If allowed, registration will open on May 10th both online and in person, with the option again to borrow a garage sale sign with a stake with a refundable damage deposit. More information about the event will come in our Digests, E-newsletters, social media and website! We are excited for a bright and fun future of events in Dalhousie!



Dalhousie Community Clean Up!

The City of Calgary has approved the Dalhousie Community Center to be host of one of the annual Community Clean Ups! This is a very highly anticipated and well attended event in the NW – it will be held on June 20th, 2021 from 9am-2pm. More information on what items can be disposed and recycled at the event will be available in coming weeks on our website, Digest and E-newsletters, and social media.



We will be looking for volunteers for this event. We prefer volunteers to be over the age of 18, with steel toed or close toed shoes, and a good work effort. It is a busy day but a very fun day in the community! If you are interested in volunteering, please email admin@dalhousiecalgary.ca!

For a list of all City of Calgary Community Clean Ups, please visit www.calgary.ca and search “Community Clean Ups”.

John Laurie Spring and Summer Updates

As part of The City’s life-cycle maintenance and major roads restoration program, we’re completing pavement reconstruction and restoration work on John Laurie Blvd. N.W. Improvements will include road restoration and rehabilitation of John Laurie Blvd. from Shaganappi Tr. to 14 St., as well as full intersection reconstruction at Brisebois Dr.

This project will improve roadway operation, safety and surface characteristics of the roadway between Shaganappi Tr. and 14 St. and help to ensure the road continues to be safe, functional and in great condition for years to come.

Work will commence in Spring 2021 and continue through Summer 2021, with a scheduled completion in Fall 2021. Regular project updates will be available and a link to subscribe to the project newsletter is posted on www.calgary.ca/johnlaurieblvd.

Bicycle Helmet Safety

Head injuries are the leading cause of serious injury and death to kids on wheels*. Most injuries occur when a cyclist suffers a fall, strikes a stationary object, or collides with another cyclist/pedestrian. Remember – it's the law in Alberta that cyclists under the age of 18 must wear a helmet (and highly recommended for all ages). Helmets should be CSA approved and worn during recreational activities such as skateboarding, in-line skating, and cycling.



Getting informed

- Wearing a helmet while cycling can prevent a serious injury, or even save a life;
- Brain injuries can cause permanent disability or death;
- Reduce your risk by always wearing your helmet;
- Replace any helmet that has been involved in a crash, even if it appears undamaged.

Getting started

- Allow children to assist when buying their helmet. Cyclists who choose their own helmet are more likely to wear them;
- Start the habit early. Young children learning to ride tricycles need to wear helmets;
- Parents must lead by example – always wear a helmet when cycling.

Getting the right fit

- Take the time to properly fit and adjust your helmet to ensure maximum protection in case of a crash;
- When worn properly, helmets should fit level, not tilted up, or down over the forehead;
- Helmets should feel snug, but not too tight. To test the fit, the helmet should not fall off when you shake your head from side-to-side while the straps are unfastened;
- Adjust the chin straps to form a “Y” below and slightly forward from the ears;
- Only one finger should be able to fit under the chin strap when it is fastened;
- Do not forget to use the sizing pads included with the helmet. They will help improve the overall fit, comfort and safety.

*Emergency Medical Services,
Alberta Health Services*

Spring is Here - Protect your Bikes! Bikeindex.org

COVID has resulted in a boom in bike use across the city. As we head into spring, remember to keep your bikes locked up or securely stored. You can also help protect your bike by registering it online through bikeindex.org

Bike Index is an online registry tool used by Calgary Police Service to help return stolen bikes to their owners since 2019. In May 2020, officers returned over \$12,000 worth of bikes to Calgarians with the help of this online program. Bike Index is a free, voluntary database used by bike owners, bike shops and police services. If a registered bike is stolen, an owner can login and make note that their bike is missing. In the event it is recovered by police, or looked up by an unsuspecting buyer, its status on Bike Index will appear as stolen and alert those searching that serial number. If you are buying a bike you can also look up the serial number to verify it has not been reported as stolen. If you are selling a bike that you have previously registered, you can transfer registration to the new buyer.

To use Bike Index to register a bike, you will be asked to provide information like the make, model, colour, serial number and other defining characteristics of your bike. If you are reporting a bike as stolen, you can provide photos and need to provide a phone number or email for police to contact you should your stolen bike be recovered.

The most important piece of information for the database is a serial number. All bikes should have one. Most have their serial number engraved beneath their bottom bracket (where the crank arms connect to the frame) or above the front fork. If you find more than one number on your bike, enter all of them.

The website is easy to use and offers support if you are having difficulties. Take a few minutes and protect your bikes by registering them today!



How Residential Speed Limit Changes will affect Dalhousie

On February 1, 2021, the City of Calgary voted to implement a new speed limit law which will go into effect on May 31, 2021. It means any road that does not have a posted speed limit is assumed to have a 40 km/hour speed limit. This will affect almost all roads in the community of Dalhousie. Further details can be found at www.calgary.ca/transportation/roads/traffic/traffic-safety-programs/residential-speed-limits.html

Included is a Ward 4 map which shows which streets in Dalhousie are deemed to be “collector roads” and will remain at a 50 km/hr speed limit. It looks like only Dalhousie Drive, 53rd Street, and portions of 66th Avenue, Dalton Drive and Dalcastle Drive will have signs posted allowing vehicles to drive 50 kms/hour. Have a look at the map, and see how you might be impacted.

Our Councillor, Sean Chu, was one of 4 Councillors who voted against the change. He also requested that this issue be put to the voters as a plebiscite, but this was voted down by Council. The City of Calgary keeps records of the locations of all traffic incidents which can be found at “data.calgary.ca/transportation-transit/traffic-incidents/35ra-9556”. This includes incidents of all kinds including single vehicle, multiple vehicles, pedestrian, cyclist or other.

It will be interesting to see how this change impacts our neighborhoods. Maybe, as we adjust our driving habits, our streets will become more of a shared space. What do you think?

City Nature Challenge

Help Calgary compete with over 325 cities globally to see who can make the most observations, find the most species, and engage the most people during the 2021 City Nature Challenge. It's easy to participate - you just need your phone. Document any plants or animals you find in Calgary, Okotoks, Airdrie, Cochrane, and Chestermere and see just how much there is to find in your area!

City of Calgary

Seniors - Thinking of Downsizing?

Making Room for the most important things in your life

Many seniors are considering listing their home to downsize either to a smaller home or a retirement home. Downsizing can be a daunting and stressful activity, not only for the affected seniors, but also their loved ones. There are usually decades of emotions and memories along with a lifetime of collected objects contained in their home.

It's important to note these precious memories can remain with them. Downsizing techniques such as digitizing items and photos, reducing collectables or giving legacy gifts away earlier help.

Pace yourself and know that there are many companies that can guide you through the process. The key to a successful transition is planning and preparation. The goal is not to get rid of everything, just to simplify. Many people are suffering in this economy and needy charities would welcome your treasures if family or friends can't take them.

Just start. As overwhelming as it may seem, downsizing can help create a simple, safe and less stressful environment for most seniors. It can be an opportunity to build a new chapter with wonderful new memories in their downsized space.

Rocky Ridge Retirement Community



Getting to know your DCA Board Members

This month: John Piera



How long have you lived in Dalhousie? I lived in Dalhousie from 1961-1973 and moved back in 2000 and have lived here ever since. Back then, the City of Calgary reached Charleswood Drive, Brentwood was under construction and Dalhousie was just bald prairie.

When did you join the board? This is actually my second stint on the DCA board of Directors. I previously served briefly in the early 2000's. At that time, I was also a volunteer basketball coach with Varsity Basketball and unfortunately, they changed the practise times for my team from Monday nights to Tuesday nights which conflicted with board meetings so I had to choose. This time around I joined in February 2020.

Why did you initially join? I joined because I believe that if a person has the mental or physical or financial ability, they have the responsibility to help and show compassion for others who are not as fortunate. Specifically, what motivated me was that I was really frustrated with the content and finish of the Dalhousie Digest and the website. There were announcements of upcoming events that had already been completed, articles that had nothing to do with life in Dalhousie and multiple spelling and grammatical errors. The website was poorly designed and it was difficult to find information. Rather than just complain, I offered to help out.

What committees/jobs have you held over the years? I'm currently the Secretary for the Board of Directors and the Casino Coordinator. In the past, I've been a coach and coordinator for Dalhousie Soccer, a casino volunteer five times and helped out with various community projects like building the playground at West Dalhousie Elementary.

How much time would you say you spend doing DCA work? As a director? As an executive? The time commitment for being a volunteer is not onerous. I put in about 4 hours/month producing and editing articles for the Dalhousie Digest, about 8 hours/month attending board meetings, producing minutes and responding to emails, and the Casino Coordinator position takes

virtually no time until just before the casino when we need to recruit volunteers and submit paperwork to AGLC which takes about 20 hours every 18 months.

What is the most rewarding part? My goal for this role and in everything I do is continuous improvement. Already I am pleased with the improvement in the Dalhousie Digest and the website. There were some significant staffing issues that I was unaware of when I joined the board, and those too have been resolved. The DCA still has room for improvement in identifying, developing and managing programs that residents are interested in, and volunteer management but those will come in time. It will be rewarding if I leave the DCA in better shape than it was when I started.

Calling All 2021 Brides & Grooms!

Did you know the DCA has an Auditorium, with attached Conference Room and Commercial Kitchen with a bar for rent? We can host up to 250 people seated at tables (depending on other layout requests)! There is no need to worry about setting up or taking down the tables, our staff do that for you. You can rent the space up until 1:00 a.m.. We also have microphones, speakers, projector and screen, a portable bar and more available to you as well.

Here are Saturdays available between May 2021 and September Long Weekend 2021:

May 8, 15, 22, 29

June 5, 12, 19, 26

July 3, 10, 17, 31

August 14, 28

September 4

A refundable damage deposit of \$550 for the Auditorium/Conference Room and \$250 for the Commercial Kitchen (if applicable) is required to hold the space for your special day.

We would love to host your wedding any day of the week that is available! If you have an inquiry about a different date or any rental question, please email admin@dalhousiecalgary.ca



Why is there a “Morley Trail” in Dalhousie?

Dalhousie history as part of Alberta history is fascinating. There is overwhelming evidence that less than 20,000 years ago, our community was covered in hundreds of feet of ice. You can still find fossils of shells and other sea life along the Bow River valley. The first evidence of people is less than 10,000 years ago. Buffalo jumps have been excavated not only at Head Smashed in Buffalo Jump but as close as Big Hills Springs Provincial Park, just west of the city.

The Tsuut’ina (formerly known as Sarcee) Nation lived near the confluence of the Bow and the Elbow Rivers, the Nehinaw (formerly known as Cree) Nation lived farther to the north and east of Calgary, the Niitsitapi (formerly known as Blackfoot) Nation lived to the south, and the Nakota (formerly known as the Stoney) Nation lived in the Foothills. Occasionally they would war with each other and occasionally there would be peace and they would trade with each other.

There were trails established between the Indigenous communities and these trails became the basis for our modern roads. You might ask why the trail between the Tsuut’ina and Nakota veered so far north of the Bow River all the way to current Dalhousie. It is because it was impossible to walk beside the river the whole way due to places where there are sheer cliffs right down to the water (ie. In Silver Springs). If you chose to walk along the top of the buff, there were too many places where water had eroded the ground into valleys resulting in many hills and difficult terrain to walk. Only when you went farther away from the river, do you come to gradually rising and falling terrain which was easy to travel.

There are remnants of Morley Trail in Brentwood, Dalhousie and farther west. Morley is an English word that is derived from “mor” or marsh, and “leah” or clearing in the woods. In 1930, it was paved and renamed #1 (Trans-Canada) Highway. In 1954, the new Trans-Canada Highway was built on the south side of the Bow River in its current location, and the road was renamed again to the “1A Highway”. It remained a two-lane highway without shoulders until in 1969, when it was renamed again to Crowchild Trail in honour of David Crowchild, chief of the Tsuut’ina Nation. Now it is a four to six lane highway, but the original path that is Morley Trail remains as part of Dalhousie.



Dalhousie and Nose Hill Park

In 1993, Dalhousie was one of the 18 communities (plus a member from the Federation of Calgary Communities) on the Nose Hill Park (NHP) Communities Board. Any additional Community Association which indicated a desire to serve on the Board was welcomed. Each Association represented on the Board was responsible for the appointment of its member and alternate members.

All members were officially appointed because they were authorized to speak for their organizations on routine matters and therefore represented their communities on issues regarding Nose Hill Park. As such, they were required to solicit input and direction on various Park management issues. Each member was asked to find an alternate representative through their respective community associations to attend meetings, particularly in their absence.

The Board could and did ask for input from any individual, organization, or City department considered necessary in order to arrive at an informed position on any issue. Members were informed on the issues and concerns, including the values and goals of the NHP Communities Board. To provide information, members were expected to submit articles to community newsletters, have regular communication with their Community Association Board of Directors, and maintain informal discussions with neighbours, friends, and community members. In addition, they were expected to serve on various subcommittees that were required, from time to time, in order to meet the goals and objectives of the Communities Board.

John Piera

Anne Burke

Dalhousie Crime Rates Low – Blockwatch Program on Hold

Each community is assigned a liaison officer from the Calgary Police Service (CPS) and ours made a presentation at the February 2021 Dalhousie Community Association (DCA) meeting. He reported that in Dalhousie in the month of January, there were 0 residential break-ins, 1 commercial break-in, 0 auto thefts, 4 car prowling's, 0 robberies, 0 home invasions, 2 assaults and 21 calls to the LRT station. He reminded residents to report all crimes even if nobody was injured or if no property was stolen. The CPS "Graffiti Patrol" has been dissolved and if you see any graffiti it should be reported to the City of Calgary through the 311 operator.

On March 2020, we had a presentation from the Blockwatch Coordinator of Country Hills who offered to help us set up a Blockwatch program here in Dalhousie. The DCA put articles in the Dalhousie Digest for two successive months and posted the article on the website putting out feelers to find out if there was interest for such a program in Dalhousie. Only one person responded that they would be interested which was insufficient interest to pursue this program. It will be put on hold until there is more of a need or more interest.

The CPS recommends that one of the most effective methods to reduce crime is for residents get to know their neighbours so they can watch out for each other. Other security measures that you can practice is to lock your home, garage and vehicles, don't store tools or other valuables in your vehicle, have sufficient lighting on the exterior of your house, cut back shrubs and trees around your house and install security devices like cameras. Stay safe!

John Piera

Would you like to receive this e-newsletter on a regular basis?

Please email admin@dalhousiecalgary.ca to ensure you receive upcoming e-newsletters!

Dandelions

As April rolls around, the yellow floret of dandelions are obvious to see on lawns, sports fields and city boulevards throughout Dalhousie. Formally known as *Taraxacum Officinale*, views vary and some see them as charming, some see them as good eating, some see them as harmless, some see them as medicinal and some see them as invasive.

*Well, flowers come in green and pink and red,
And they sleep all day in their little flower beds,
But the little dandelion grows wild and free,
With her uncles and cousins and the whole family tree.
Dandy, dandy, dandy, dandy, dandelion,
There's something pretty dandy about you.
Dandy, dandy, dandy, dandy, dandelion,
I wish that there were more of you!
First I make a wish, then I blow real hard,
And the little dandelions blow all over the yard.
And I wait and I hope for my wish to come true,
Guess there's only so much a dandelion can do.*

One thing for sure, not everybody takes such a cheerful, hopeful view of dandelions! Those with perfectly manicured lawns frown when they see the yellow flower pop up, even if it is on their neighbours lawn or on the boulevard. There are easy ways to get rid of them and the most obvious is just use your hand or a knife or a gardening tool and pull them up before they go to seed. A second easy chemical free solution is put a tablespoon of salt on the plant. If there are a lot of dandelions to remove, the easiest solution is use a herbicide which you can buy at our local Canadian Tire.

If you are into eating them, you might be interested to know that according to Medical News Today, people eat the root, stem, leaves and flowers of the dandelion. They are used to make salads, jelly, pesto and wine. The medicinal qualities include providing antioxidants, reducing cholesterol, regulating blood sugar, reducing inflammation, lowering blood pressure, aiding weight loss, reducing cancer risk, aiding digestion and keeping skin healthy.

So whether you love them or hate them, dandelions are part of our community.

John Piera



St. Dominic School: K – 6 Fine Arts program

Dalhousie's St Dominic School was opened in 1975, and given its Fine Arts designation in 2012. We have a current enrollment of approximately 200 students, and welcome non-Catholic students and students who live outside our attendance area when sufficient resources and facilities are available.



Our Fine Arts program allows students to become creators, performers, historians, critics, and consumers. We empower students in elementary to develop their creative expression and intuitive response to fine arts while exploring connections between core subjects. Through innovation and collaboration, our program challenges students to discover their creative potential while they learn Alberta Education curriculum outcomes. Research shows that arts based learning results in longer lasting connections to academic content and increased confidence.

Catholic community

We are a Catholic Community of Caring (CCC) built on the values of faith, care, respect, responsibility, trust, and family. St. Dominic Fine Arts School is a respectful, compassionate, and inclusive community that celebrates respect for one another, our community, and our diversity.

We bring our CCC to life through the district faith theme, daily prayer, faith activities, service and social justice projects to serve others, student leadership, spirit days, buddy classes and staff development. Through these activities, we work together to become champions for one another and to achieve academic & social success. Our students follow the Alberta Programs of Study in traditional and creative ways.

This type of Fine Arts focused education teaches students how to:

- See and interpret the world in unique ways
- Look at their community differently
- Solve problems creatively

- Represent their knowledge with new tools
- Be confident in how they learn
- Collaborate with others on project-based work to achieve common outcomes
- Develop and showcase their talent

This year, our students will participate in a Calgary Opera Artist in Residency. Students will create and write an opera, while they work with a professional composer, librettist and director, as well as technicians! The creative process will take the whole school year with a final production (possibly digital) at the end beginning of June.

Phone 403-500-2058 for registration inquiries or email stdominic@cssd.ab.ca Follow us on twitter: @stdominic_cssd

Weekly Green Cart Returns End of April

Weekly green cart pickup is returning at the end of April. Visit calgary.ca/collection to check your schedule and sign up for reminders, or download the Calgary Garbage Day app.



Here are some tips for using your green cart:

- All food scraps, food-soiled paper, pet waste and yard waste go in the green cart.
- Use only certified compostable bags or paper yard waste bags in your green cart – no plastic bags.
- Always fill your green cart first, then fill paper yard waste bags. Roll tops of bags closed and set at least two feet to the side of your green cart.
- No plastic plant pots or bedding trays in the green cart. Rinse out and recycle in your blue cart instead.

Compost giveaway: Compost will be available for pickup, by appointment only, from May 10 to June 26. For details visit calgary.ca/compost.

City of Calgary

Commercial Kitchen Rental Available!

We have a our commercial kitchen available to rent! The commercial kitchen boasts 4 large stainless steel counter spaces, 4 commercial grade sinks, a large freezer, a large 3 door cooler and two smaller coolers, ice machine, dishwasher, stove and oven, convection oven, and other additions!

We have two rental options: \$250 for the day or \$40/hour, with a minimum 2 hour rental and an additional \$250 refundable damage deposit

Please note as it is a commercial kitchen, there are no dishes, pots and pans, cutlery, etc. The kitchen must also be cleaned before the end of your booking, and your booked time must include your time you allocate to clean the kitchen.

For further questions, please email admin@dalhousiecalgary.ca

Call for Volunteers:

Do you have an interest in planning, development or transportation? Do you want to help guide your Community through its ongoing evolution? If so, consider joining the Dalhousie Community Association Planning and Development Committee. If you want to find out more, you can email us at pd@dalhousiecalgary.ca or check out the Planning and Development section of the Dalhousie Community Association website <https://www.dalhousiecalgary.ca/development/>.

The City of Calgary is in the process of developing and rolling out the Guidebook for Great Communities. This is a comprehensive policy document that will shape how our communities evolve and grow. Find out more about the Guidebook and give your input here <https://engage.calgary.ca/guidebook>.



Free DCA Membership

The DCA is feeling extra generous this year, and offering free DCA 2020-2021 DCA Memberships! All you have to do is email admin@dalhousiecalgary.ca with your name(s), phone number, address and email address(es) that you would like associated with the account.

What does a DCA Membership get you? It covers you and those indicated on your membership with insurance in all of our DCA programs and events. We are working towards collaborating with Dalhousie and other Calgary businesses to be able to offer discounts and deals at their business. Check out www.dalhousiecalgary.ca under the Memberships to get our updated list of partners!

If you have already purchased a membership for the 2020-2021 year, you will receive a free membership for the 2021-2022 membership year!

Please note: DCA Membership years run from September 1st to August 31st of each year.

Added Bonus! - Starting in September, if you show your 2020-2021 DCA Membership card at The Hangar Flight Museum you receive 10% off admission!

Is there a recreation program that you would like to see brought to the DCA? Email admin@dalhousiecalgary.ca with suggestions on programs you would like to see in your community!

Classified Ads

- **Preschool Gymnastics:** Are you looking for a fun, new and exciting activity for your preschooler? Varsity Gymnastics Club is now taking pre-registrations for the Spring session March 1st – May 22nd pending COVID restrictions lifting. Visit varsitygymnastics.ca or call today (587) – 432 – 8846 to register.
- **DJ For Hire!** Are you planning an Event (Weddings, Corporate Parties, Birthdays, Community Events, etc...)? Do you require exceptional music that will wow your guests? DJ RECKLEZZ could be a part of your event at the Dalhousie Community Association. Come experience the professionalism of the Disk Jockey World. Email borrice1@hotmail.com for further details and mention "CODE DCA" for applicable discounts.

Looking to place a classified ad? Contact admin@dalhousiecalgary.ca!