

DALHOUSIE NEWSLETTER

December 2020 Newsletter

EXECUTIVE DIRECTORS

President, Ron Cornish.....403-247-2575
Vice President, Jonathon Maynard.....jgmaynard@gmail.com
Vice President, Vacant.....
Treasurer, Nancy Mosher.....nancymoshercma@gmail.com
Secretary, John Piera.....403-202-0640

ELECTED DIRECTORS

Brent Clark.....brentclark@yahoo.ca
Iris Hau.....
Christine Wutzke.....cjwutzke@gmail.com
James Fong.....jameshowfong@gmail.com
Petro Babak.....petro@ualberta.ca
Marilyn Lambert.....marilynambert007@gmail.com
Lisa Gibson.....

GROUP REPRESENTATIVES

Dalhousie Out of School Care (DOSCC).....587-437-8218
Kindergarten & Jr. Kindergarten.....www.dcakids.com, 403-288-1050
Playschool.....403-286-2339

ELECTED REPRESENTATIVES

Councillor.....Sean Chu, 403-268-3727
MLA...Prasad Panda, 403-288-4453, Calgary.Edgemont@assembly.ab.ca
MP.....Len Webber, Len.Webber@parl.gc.ca

THE NEXT DCA BOARD MEETINGS WILL BE
TUESDAY, DECEMBER 8, 2020 AT 7PM
ALL DALHOUSIE RESIDENTS ARE WELCOME TO ATTEND

THE NEXT ANNUAL GENERAL MEETING (AGM) WILL BE
HELD ON JANUARY 25, 2021 AT 7PM

COMMUNITY OFFICE STAFF

Reception/Events Booking: admin@dalhousiecalgary.ca,
403-286-2555

Finance: finance@dalhousiecalgary.ca, 403-286-2555

Dalhousie Out of School Care: 587-437-8218



Would you like to receive this newsletter on a regular basis? Please email admin@dalhousiecalgary.ca with your last name and e-mail address to ensure future delivery!

**THE DALHOUSIE COMMUNITY CENTER
REMAINS CLOSED UNTIL PHASE 3**

CLOSED

THE DCA BOARD WANTS YOU!

The DCA is looking for additional Board members to join our team! There are various roles available, and this is a great way to volunteer in your community while having an input as well! Our AGM is January 25th, 2021 at 7pm in the Auditorium of the Dalhousie Community Centre. This is a great opportunity to learn more about how you can get involved at the DCA and in your community! Please email gm@dalhousiecalgary.ca with any inquiries

We are looking for Board Members

Is now a good time for you to help shape the Dalhousie Community? You bet it is!

Would you like to provide additional guidance or have ideas for how we can make Dalhousie the best community it could be? The DCA Board of Directors is now actively seeking new volunteer Board Members.

Are you interesting? Send an e-mail to gm@dalhousiecalgary.ca for more information



FREE SIDEWALK CHALK!

We have free sidewalk chalk kits that are available for pick up at the Dalhousie Community Center. If you are interested in receiving free chalk for your family or friends, please email admin@dalhousiecalgary.ca to set up a time to contact-free pick up your bag of chalk today!



IN NEED OF CHILD CARE?

We would love to know more about what our Dalhousie residents are interested in us offering. Are you a parent, or maybe know someone, who would be interested on weekdays (early morning, early evening) or weekend child care while you work? We would love to hear your input if you have a need for this service or are interested in learning more if it is something we are able to offer in the future.



Please email admin@dalhousiecalgary.ca if you are interested in learning more about our future possibilities.

2020 DCA WINTER DAY CAMP FEES

Registration options:

- a. Register By Day
- b. Register By Week
- c. Register For Both Weeks

Payment Options:

Day Rates for Dec. 21, 22, 23, 28, 29, 30:

- a. 7AM - 6PM: \$55
- b. 7AM - 5PM: \$50
- c. 9AM - 6PM: \$45
- d. 9AM - 5PM: \$40

Day Rates for Dec. 24 and 31:

- a. 7PM - 12PM: \$25
- b. 9AM - 12PM: \$20

Weekly Rates/Bundles:

- a. Week 1 + 2 (All dates, maximum hours) \$300 (\$60 discount)
- b. Week 1 (Dec. 21,22,23,24 @ maximum hours) \$180
- c. Week 2 (Dec. 28,29,30,31 @ maximum hours) \$180

DCA WINTER DAY CAMP

**Dalhousie Community Centre
Kindergarten-Grade 6**

Daily and Weekly Packages Available!

2020-2021 DCA Membership Required

Registration at DCA Front Office by appointment. To book an appointment, email admin@dalhousiecalgary.ca to book or visit dalhousiecalgary.ca for more info!



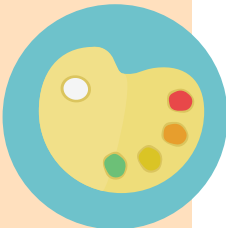
OCTOBER CONTEST WINNERS!

Thank you to everyone that had entered to compete in the October Contests we had! We had a children's coloring contest and a teen and adult pumpkin carving contest.

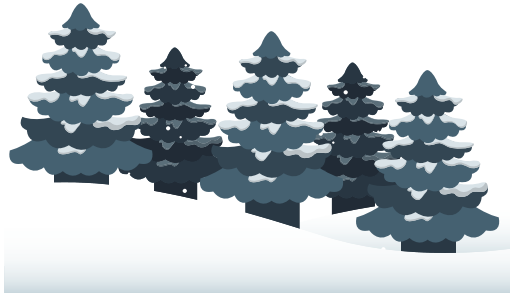
In a random draw from all entries, the winners were:

Children's Coloring Contest Winner – Logan C.

Teen and Adult Pumpkin Carving Contest Winner – Kailey F.



DCA HOLIDAY HOURS



While we still are not open for the public, we are working hard in the community center with the few programs or renters that are able to adhere to Government of Alberta, City of Calgary, and DCA guidelines and restrictions, we will be closed as a whole from December 18th, 2020 at 12:00 p.m. and returning January 4th, 2021 for 9:00 a.m..

We are open for those bookings and potential winter day camps during this time frame. If you are interested in a booking during this time, please email admin@dalhousiecalgary.ca with your rental request. Please note that during the holiday closure, there will not be staff in the building on a daily basis.

We hope that everyone has a safe and warm holiday season!

A MESSAGE FROM COUNCILLOR SEAN CHU



**November 2020
COMMUNITY NEWSLETTER CONTENT**

Happy Holidays to Ward 4 Residents,

With the Holiday Season almost upon us, and many of us looking forward to seeing family and friends, we must keep in mind that social distancing protocols are still in place and still needed to help stop the spread of COVID-19. Please wear a mask in public, and groups are now limited to under 15.

How to safely celebrate holidays and special occasions. It is still a good time to remind ourselves of the things we can do to have a safer festive season.

If the weather is nice think about what kind of activities you could do after dinner, so everyone isn't sitting closely together indoors. Consider going for a walk, playing outdoor games, sitting around a fire pit, or going on a scavenger hunt. Seating can make a difference; seat more vulnerable people at the end of the table or where they can stay further away from others. Sit closest to those in your household or cohort.

Keep hand sanitizer accessible for your guests and consider single use hand towels in the washroom. Plate everyone's meal in lieu of buffet, and if someone wants seconds of your famous green beans, serve them so your guests don't share serving utensils.

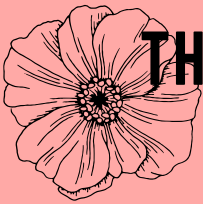
Be creative and use your judgement on what will work best for your situation to follow public health guidelines. A few small adjustments can make your family safer and ensure everyone goes home healthy.

For up to date information on COVID-19, check out calgary.ca/covid19

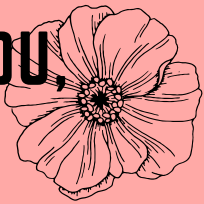
As well, you can reach your local MLAs at assembly.ab.ca for any Provincial matters, and our two hard working MPs Michelle Rempel and Len Webber have great staff who can help you with financial support due to COVID-19.

I also wanted to take this time to remind you that the Election is in October 2021 and there will be some Ward boundary changes. For Ward 4 this means that Winston Heights will join the Ward 4 family, and Sandstone and MacEwan will be moved into Ward 3 in order to make the demographics of each Ward across the City more equal. This means that I will remain the Councillor for Sandstone and MacEwan until the Election, and will continue to work on the concerns brought forward by residents in those two great communities.

I hope you all have a great Christmas and a Happy New Year,
Ward 4 Councillor Sean Chu



THANK YOU, THANK YOU, THANK YOU!



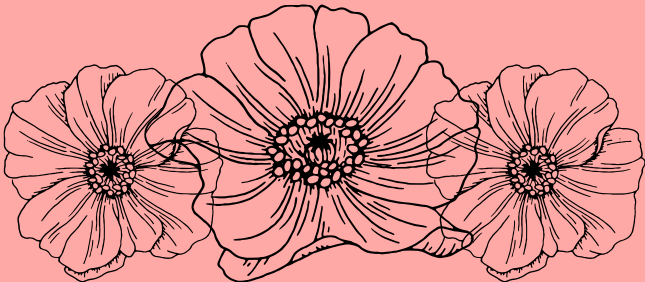
Wow – we are blown away by the amount of donations that we have and are continuing to received for the Veteran’s Food Bank Of Calgary food drive that we are collecting for! Below are some photos of the car loads of deliveries we have, and not to mention the cash and cheque donations from various, very generous members of our great community. It truly warms our hearts!


The Veteran’s Food Bank Of Calgary has a list of urgently needed items and some wanted items – please consider this list when you are gathering items to donate. We can also accept fresh donations (milk, eggs, etc.), however please email admin@dalhousiecalgary.ca if you plan to make this kind of donation, as we have to plan for cooler space. Any cheques can be made to “Veteran’s Food Bank Of Calgary”.

Thank you to everyone that has donated to the annual food drive, it is very successful!



THANK
YOU





Veterans Food Bank of Calgary

URGENTLY NEEDED ITEMS
(Please watch expiry dates)

TOILET PAPER	PAPER TOWEL
SALAD DRESSING	LADIES RAZORS
SMALL WHITE VINEGAR	MAYONNAISE/MIRACLE WHIP
GARBAGE BAGS	TOILET BOWL CLEANER/FLOOR CLEANER
LARGE & MED. FREEZER BAGS	ALL PURPOSE/ANTI BACTERIAL CLEANER
\$25.00 GROCERY STORE GIFT CARDS	BOXED POTATOES
UNSALTED & SALTED SOUP CRACKERS	SALT & PEPPER
VEGETABLE/CANOLA/EXTRA VIRGIN OLIVE OIL	TACO KITS
PUDDING CUPS	JARRED GARLIC
CONDITIONER/SHAMPOO	CAMPBELLS CHUNKY SOUP
CHEESE WHIZ	SNACK CRACKERS
CANNED POTATOES	JUICE BOXES (CRYOVAC)/ FRUIT JUICE 1LT BOX
DISH SOAP	LAUNDRY SOAP
PEANUTS/POPCORN/CHIPS	SPAM/CANNED DINNER HAM/CORNED BEEF
TETLEY/RED ROSE DECAFE TEA	KRAFT DINNER BOWLS
LIQUID FABRIC SOFTENER or SHEETS	DENTURE ADHESIVE/CLEANING TABS/BRUSHES

GLUTEN FREE
CEREAL, FLOUR, BAKING PRODUCTS, PEANUT BUTTER, PASTA, SOYA SAUCE, PAN CAKE MIX, MAC & CHEESE, PROTEIN BARS, SNACKS


NEEDED ITEMS

POWDERED MILK	HOT CHOCOLATE
HP/BBQ/SOYA SAUCE	CANNED MUSHROOMS
SMALL BOTTLE: SEASONING SALT/ONION & GARLIC POWDER	PICKLES
LADIES DEPENDS (MED)	SARDINES
SHOWER LUFFA	KIDS TOOTH PASTE
WORCESTERSHIRE SAUCE	TIN FOIL/PLASTIC WRAP
NACHO CHIPS/SALSA	KITTY LITTER
NAIL CLIPPERS	LIQUID HAND SOAP
PEROXIDE/RUBBING ALCOHOL	COFFEE WHITENER
MEN'S/LADIES UNDER SHIRTS (2X, XL, L, M, S)	MEN'S/LADIES UNDER WARE (2X, XL, L, M, S)
COTTON FACE PADS/COTTON BALLS	BANDAIDS
COFFEE POT	SMALL TOASTER OVEN

Thank you for your support!

Bay #1, 4619, 6 St. NE. Calgary, Ab. T2E 7C3 *403-277-VETS (8387) *

VETERAN'S FOOD BANK DRIVE



Between October 13th to December 15, 2020 the Dalhousie Community Centre will be accepting non-perishable food items to donate to the Veteran’s Food Bank Drive. All donations will go directly to the Veteran’s Warehouse. Money donations can be made via cheque to The Veteran’s Food Bank Of Calgary!

You can find out more information about the Veteran's Food Bank Drive at <http://www.theveteransfoodbankofcalgary.ca/>

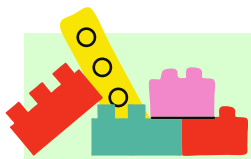
THANK YOU FOR YOUR DONATIONS!



Non-perishable food item suggestions:

- Canned or dry beans
- Pasta and Rice
- Canned soup or stew
- Canned fish or chicken
- Rolled oats or quinoa
- Apple sauce
- Peanut butter and/or other nut butters
- Canned fruit or vegetables in juice or water
- Honey
- Dried fruit
- Shelf stable milk and milk substitutes
- Cat and dog food
- Canned tomatoes or tomato sauce

***Donations are accepted at the Dalhousie Community Center in the donation bin! At this time, we are still closed to the public and the donation bins will be outside for drop off. Please know the bins are monitored and emptied throughout the day and taken in at night. If you have a large or vast amount of donations, please ring the door bell that is to the left of the main doors during office hours and staff will assist you. If you have any questions about donations or who you could make a donation cheque to, please email admin@dalhousiecalgary.ca.



INN FROM THE COLD TOY DRIVE



In addition to the food drive, on November 12th we are starting to collect new (not gently used) toys, games and items for children at Inn From The Cold! The donation process is the same as the Veteran's Food Drive process – drop off at the front of the DCC in the donation bin, which is video recorded and monitored hourly or more, and brought inside. We urge you to please ring our white door bell when dropping off donations to alert us that you are here in the event we don't see you on our cameras. We are accepting toys in December 15th!

Items that are currently in high demand are, but not limited to: new Play Doh, baby toys, and baby teething toys

Visit their website at <https://innfromthecold.org/> for more information

Santa's Helpers Toy Drive

Dalhousie Community Centre will be accepting gently used or new toy donations from **November 12 to December 15, 2020**. All toy donations will be going to Calgary's *Inn from the Cold*

Inn from the Cold is an organization who is dedicated to upholding their mission statement which is to: offer shelter, sanctuary, and healing to assist homeless children and their families achieve independence. Their vision is to see a community where no child or family is homeless.

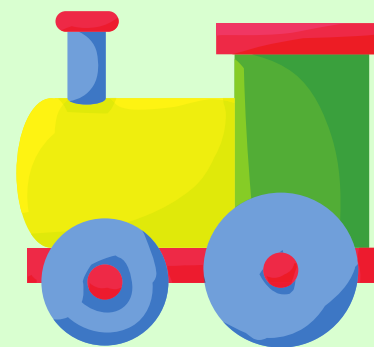
To find out more about Inn from the Cold, go to innfromthecold.org



Dalhousie Community Centre will be accepting toys such as:

- Lego and building sets
- Board games
- Cars/trucks
- Puzzles
- Art and craft kits
- Non-violent toys and games
- Dolls and Barbies

Thank you for your donations!



CASINO VOLUNTEERS NEEDED!



We have great news, our 2021 Dalhousie Casino will be February 2 & 3, 2021 at the Cowboys Casino!

Thank you to all volunteers that had previously signed up and had waited with us for our new date announcement. We are still currently looking for volunteers to help us run the event.

Interested? Fill out a form at the Community Center, or print one off online and drop it off in the Dalhousie Community Centre mailbox outside the front door, or email it to Ron McKellar at rmckellar@procyonenergy.ca and John Piera at johnpiera@hotmail.com

DALHOUSIE'S DALTON PARK

Have you ever been to Dalhousie's own, Dalton Park? Dalton Park is a large area located along Dalton Drive, near the Canadian Tire and Co-op off Dalhousie Drive.

Dalton Park has so much to offer – everything from a play park, fenced baseball diamond, bike/walking paths, and more!

Did you know there is usually a food truck outside of Canadian Tire as well if you are walking around and would like a quick bite to eat?! In the Fall and Winter, this is a great way to still be able to safely walk and ride your bikes on paths to avoid any traffic and enjoy the outdoors. There are many large grass areas that are great for a picnic, some yoga, or to meet with friends and family. Frosty the Snowman wouldn't mind being created in this park and other snow friends – it is a great area for it, especially if you don't have access to a yard or an area to play in the snow. This would also be a great area for pole walking, snow shoeing or potentially even cross country skiing!

There is lots of free street parking along Dalton Drive for any visitors, but there are also lots of paths that lead to Dalton Park if you are walking on foot amongst Dalhousie!

Here are some of our favorite pictures of Dalton Park from this fall:



HAVE YOU RENEWED YOUR DCA MEMBERSHIP?

The DCA membership is valuable for multiple programs that the DCA hosts. With the DCA membership, you and the family members (if applicable) are covered under insurance while participating in the DCA program and while in the DCA parking lot.

Some programs that the DCA membership is required for are:

- DCA Spring Recreation Community Soccer
- Dalhousie Out Of School Care
- Learn To Skate Program
- Cribbage
- Zumba
- Youth Drop In Basketball
- Adult Co-ed Volleyball
- And more!



All memberships are valid from September 1, 2020 – August 31, 2021. Renew yours today! Membership cards will be mailed to address provided. Go to www.dalhousiecalgary.ca to purchase your membership today!

Added Bonus! - Starting in September, if you show your 2020-2021 DCA Membership card at The Hangar Flight Museum you receive 10% off admission!

Is there a recreation program that you would like to see brought to the DCA? Email admin@dalhousiecalgary.ca with suggestions on programs you would like to see in your community!

CALLING ALL 2021 BRIDES!

Did you know the DCA has an Auditorium, with attached Conference Room and Commercial Kitchen with a bar for rent? We can host up to 250 people seated at tables (depending on other layout requests)! There is no need to worry about setting up or taking down the tables, our staff do that for you. You can rent the space up until 1:00 a.m.. We also have microphones, speakers, projector and screen, a portable bar and more available to you as well.

Here are Saturdays available
between May 2021 and
September Long Weekend 2021:

May 8, 15, 22, 29

June 5, 12, 19, 26

July 10, 17, 31

August 14, 28

September 4

A refundable damage deposit of \$550 for the Auditorium/Conference Room and \$250 for the Commercial Kitchen (if applicable) is required to hold the space for your special day.

We would love to host your wedding any day of the week that is available! If you have an inquiry about a different date or any rental question, please email admin@dalhousiecalgary.ca



Emergency Medical Services (EMS) respond to a number of cold weather emergencies every winter. However, you can reduce your risk of sustaining a cold weather emergency by taking a few precautions. Dress with warm insulating layers closer to the body and cover with wind and waterproof layers on the outside. Don't forget a toque. Carry an emergency road side kit in your vehicle containing extra clothing, blankets, and emergency supplies. Make sure that your cellular device is completely charged.



Frostnip

- Frost-nipped skin is extremely cold, but not yet frozen skin;
- It commonly affects the ears, nose, cheeks, fingers and toes;
- The skin may look red and possibly feel numb to the touch;
- When treated promptly, frostnip usually heals without complication;
- Move to a warm environment and immediately, but gently, re-warm the affected area through skin to skin contact (i.e. hand covering tips of ears).

Frostbite

- Frostbite occurs when skin becomes so cold, the skin and underlying tissues freeze;
- Affected skin may look white and waxy and will feel hard to the touch;
- Move to a warm environment immediately and place the affected area in warm, *not hot*, water, until fully re-warmed;
- Seek further medical attention as required.

Hypothermia

- Hypothermia is abnormally low body temperature, less than 34°C (as compared to normal body temperature of about 37°C);
- Early hypothermia may manifest as profound shivering; moderate hypothermic patients may act inappropriately: stumbling, mumbling, and fumbling, as their body temperature continues to drop resulting in severe hypothermia (<30°C);
- Left untreated, severe hypothermia may progress to unconsciousness or death;
- Early recognition and prompt medical attention is key. Don't forget to protect yourself from the factors that originally lead to the patient's situation;
- Initiate gentle re-warming as quickly as possible. Remove any wet or constrictive clothing; cover with blankets, or sleeping bags. Protect from further heat loss: eliminate contact with cold surfaces, and shield from wind and moisture.

STAY WARM AND STAY SAFE!





RENTAL SPACE AVAILABLE AT THE DCA!



Weekly, Bi-weekly, Monthly or One-Time – we are open for select bookings during these difficult times. We are open for renters that run registered programs and one-time bookings that are able to adhere to current Alberta Government gathering guidelines, the City of Calgary by-law, and DCA guidelines.

We currently have the following rooms available during the said dates and time frames:

Mondays

Auditorium: 9am-6pm
Phoenix Room: 9am-9pm
Sunrise Room: 1230pm-9pm
Conference Room: 9am-9pm
Dance Studio: 9am-330pm
Multi-Purpose Room: 4pm-9pm

Tuesdays

Auditorium: 9am-6pm
Phoenix Room: 9am-9pm
Sunrise Room: 9am-9pm
Conference Room: 9am-9pm
Dance Studio: 9am-5pm & 730-9pm
Multi-Purpose Room: 4pm-9pm

Wednesdays

Auditorium: 245pm-545pm
Phoenix Room: 9am-9pm
Sunrise Room: 1230pm-9pm
Conference Room: 9am-9pm
Dance Studio: 9am-4pm
Multi-Purpose Room: 4pm-9pm

Thursdays

Auditorium: 9am-630pm
Phoenix Room: 9am-9pm
Sunrise Room: 9am-9pm
Conference Room: 2pm-9pm
Dance Studio: 9am-430pm
Multi-Purpose Room: 4pm-9pm

Fridays/Saturdays: ALL DAY

Sundays

Auditorium, Conference, Sunrise,
and Phoenix: 1pm-1am
Dance Studio & Multi-Purpose
Room: All Day

Here are the current capacities with the minimum social distancing for each room:

Auditorium – 70
Conference Room – 8

Sunrise Room – 10
Phoenix Room – 10

Multi-Purpose Room - 15
Dance Studio – 20

Check out our website www.dalhousiecalgary.ca for FAQ, prices, and photos. If you have further questions or inquiries email admin@dalhousiecalgary.ca

REMEMBER TO TAG YOUR EXTRA GARBAGE BAGS!

Starting October 1, if you have an extra bag of garbage that won't fit in your City black cart, you'll need to **buy a garbage tag**. Tags are \$3 each and available at participating convenience and grocery stores or online. See the full list at calgary.ca/garbagetag.

We encourage everyone to look at what you are buying and throwing away to find ways to reduce waste. Sorting materials correctly helps maximize the use of all three carts (blue, green, black). Learn more at calgary.ca/garbagetag



COMMUNITY CLEAN UP DATES

Dalhousie's Community Clean Up dates will be posted in **early 2021** for Spring and Fall dates



CLASSIFIED ADS

Are you planning an Event (Weddings, Corporate Parties, Birthdays, Community Events, etc...)? Do you require exceptional music that will wow your guests? DJ RECKLEZZ could be a part of your event at the Dalhousie Community Association. Come experience the professionalism of the Disk Jockey World. Email borrice1@hotmail.com for further details and mention "CODE DCA" for applicable discounts.

Looking to place classified ad?
Email
admin@dalhousiecalgary.ca for
more information!

DCA KINDERGARTEN

Kindergarten has completed 3 successful months of classes and we continue to be a happy place to explore and learn with our friends. Our program has 4 tuition based openings available for the remainder of this school year. These openings are available for either kindergarten or junior kindergarten students. In January, we will begin accepting registrations for the upcoming 2021-22 school year. More information can be found on our website at www.dcakids.com, including information about our Open House (either virtual or socially distanced) on January 12.



The kindergarten class has been enjoying the snow around the community centre and look forward to soon practicing their skating skills on the outdoor rink!

**STAY WARM AND
STAY SAFE!**



DCA PRESCHOOL

We have been busy here at Dalhousie Preschool! In October we had a Halloween party with pumpkin carvings, costumes and treats! The children have also been learning all about apples in our Apple unit and we have moved on to talking about family, feelings and emotions. If you are ever around the Dalhousie Community Centre please come take a look at our outside window to see the beautiful art made by the children! They sure do work hard!

The children love spending time outside on our awesome playground, it's a great way to get some exercise and shake some silly's out!! We are also planning more special events for the children inside on days when it might be too cold. With the holiday season right around the corner there will be lots of exciting things happening at our preschool! Dalhousie Preschool is a co-operative, parent run preschool that operates under the umbrella of the Dalhousie Community Association. It offers a warm and accepting environment with dedicated teachers for your child to begin his or her school career. Our Reggio Emilia inspired play based program has been serving the community for over 30 years!

Upcoming Dates:

December 16 last day before Winter Break

January 4 classes resume

January 29 PD Day- No classes

If you would like to support our community preschool, you can easily do so by donating your empty cans and bottles! We have teamed up with Skip the Depot to help raise funds for our non for profit preschool!

It's super easy:

Download the Skip the Depot app <https://app.skipthedepot.com/dcpreschool>

Schedule a pick up time and leave your bags outside

Receive your refund and donate to the school

This is a really simple, zero contact way to support the school, while decreasing your to-do list! Any donations would be greatly appreciated!

If you have any inquiries or questions about the preschool please contact : registrar@dcpreschool.ca or visit www.dcpreschool.ca for more information.





PROGRAMS AND SERVICES AT THE DCA



The Dalhousie Community Centre is an important hub in the community with many programs and services to offer! We have a variety of different rooms to rent, where many of our third-party renters host their programs. Third party programs include, but are not limited to, a variety of adult exercise classes, children's dance, adult and children's karate and tai chi, Girl Guides, and much more! The Dalhousie Community Association also provides programs and services that the DCA organizes themselves such as Senior's Cribbage, Family Game Night, Adult Zumba, our Learn to Skate program, and more. Our DCA programs are free or low cost with your 2020-2021 DCA membership, which can be purchased online at www.dalhousiecalgary.ca.

We also provide options for child care for those registered and not registered in our Dalhousie Out of School Care program, during select times of the year – (you don't have to live in Dalhousie either)! We have our DCA Summer Day Camps that operate throughout the course of the summer, as well as there are many third-party day camps that operate within our center as well. We also offer Winter and Spring Day Camps during school breaks if enough interest is projected. Registration and other inquiries can be sent to admin@dalhousiecalgary.ca. However we also do have several third-party summer camps each summer as well, ranging from robotics and engineering, musical theatre, cooking camps, and more! Registration and information for any third-party programs and services is conducted and can be found through the appropriate contact as displayed on the Program Guide and/or on their website. Any DCA programs and services information can be found under its designated tab on our website, www.dalhousiecalgary.ca, or you can email any inquiries to admin@dalhousiecalgary.ca.

DALHOUSIE COMMUNITY ASSOCIATION PROGRAMS AND SERVICES FOR DALHOUSIE AND SURROUNDING AREA

Activity Name	Person	Contact for Registration	Day & Time
Banzaï Karate	Chris	banzaikaratedojo@gmail.com	Tuesdays 6:00pm-7:00pm Thursdays 7:00pm-8:00pm
Cause and Effect Foundation – PUF Program (Alberta Education funded)	Willa	contact@causeandeffectfoundation.com 403-523-0150	Mon- Thurs Sept 14/20 – June 7/21 (enrollments close Sept 30/20)
Dalhousie Community Kindergarten		dcakids@telus.net 403-288-1050 dcakids.com	Monday-Friday 8:45am-11:45am
Dalhousie Community Preschool		info@dcpreschool.ca 403-286-2339	Please Contact For Program Details
ESSENTRICS by Vital 1 Fitness	Marcia	info@vital1.ca 403-208-3307	Contact for up to date information
Girl Guides of Canada, Guides and Pathfinder Programs	Linda	linda.j.pic@gmail.com 204-471-4672	Mondays 6:30pm-8:00pm
hardCORE fitness	Megan	megankmacdonald@yahoo.ca	Wednesdays 6:15pm-7:15pm and 7:30pm-8:30pm
Mommy Connections Calgary - Mom & Baby Program	Katherine	katherinemcyc@gmail.com 587-899-6547	Wednesdays 10:00am-11:30am
One Step Ahead Dance Studio	Melinda	office@onestepaheaddance.com 403-247-3607	Monday and Thursday Evenings
Stagecoach Theatre Arts Calgary	Rahim	403-604-0047 calgary@stagecoachschools.ca	Saturdays Main Stages Class 2:30pm-5:30pm Early Stages Class 2:45pm-4:15pm
Tai Chi / Kung fu	Raymond	403-650-9191	Contact for Registration
Thrive Church Services with Kids Church Online	Natalie	natalie@thrivocalgary.ca	Sundays @ 10:30am at thrivocalgary.ca

Contact Program Coordinator for Program Details and Registration

DALHOUSIE OUTDOOR RINK!

Did you know that there is an outdoor rink right in Dalhousie? It is located behind the Dalhousie Community Center, at 5432 Dalhart Rd. NW! Our approximately 40 ft. by 40 ft. boarded (2 ft. high boards) outdoor rink is the perfect spot for you or your family to get in some ice time outside. Our rink is ideal for those looking to learn to skate, practice figure skating skills, a small hockey game, broomball, or a fun skate! There is lots of parking in our parking lot, just off of 53rd Street! There is no charge to use the rink, however we do ask that you are mindful of the trash and recycling that you may bring – please use the waste bins provided. With the current COVID guidelines, there would not be washrooms available for use during our office hours, as we are not yet open to the public – therefore you would not be able to enter the building at this time. There are benches to sit on to tie your skates, take a break, or have a snack. We highly recommend that people that use the rink wear appropriate helmets that protect your entire head to prevent concussions and other injuries. The Dalhousie Community Association is not liable for any injuries or theft at/around the outdoor rink. The DCA does not have any skates, hockey/ringette sticks or pylons to rent out – however we do have broom ball sticks and a ball if you are interested in renting the sanitized equipment! Please email admin@dalhousiecalgary.ca for more information on this opportunity.



SKATING COACH WANTED!

The Dalhousie Community Association is looking to hire a skating coach to teach our Learn To Skate program! The program is offered at our outdoor rink, just behind the community centre at 5432 Dalhart Rd. NW. In the past, most of our participants have skated 5 or less times, and are looking to learn basic movements such as stopping techniques, turns, backwards skating, and other skating basics. The program is tentatively set to run on Tuesdays between and including January 26th to February 23rd, 2021 with the shift being from 6:00 p.m. to 8:00 p.m., and the teaching time to be from 6:15 p.m. to 7:45 p.m., with the core of the class running from 6:30 p.m. – 7:30 p.m.. Please send your resume with a cover letter outlining your related experience to admin@dalhousiecalgary.ca!

FREE LEARN TO SKATE PROGRAM!

We are very pleased to offer our Learn to Skate program this year! We have had great, positive experience from previous years with our program, and are looking forward to helping others to learn how to skate on ice. Starting in early 2021, we will be having a 5 week FREE (purchase of 2020-2021 DCA Membership required) Learn To Skate program for children aged 5-18! Tentative Dates and Times: January 26 and February 2, 9, 16, and 23rd, 2021 from 6:30 p.m. – 7:30 p.m., with optional personal tips and training 15 minutes before and after the class time. Please email admin@dalhousiecalgary.ca if you are interested in registering for this FREE program, would like more information, or are potentially interested in being a skating coach!

OUTDOOR RINK MAINTENANCE VOLUNTEERS NEEDED!

The DCA is looking for a few volunteers to actively maintain the outdoor rink that we have behind the Dalhousie Community Centre! We will provide orientation and training on the flooding procedure, our snow blower, and more to help prepare for a great season. Our rink is approximately 40 ft. by 40 ft., with boarded about 2 ft. high all around the rink, with a maintenance shed right beside the rink. Volunteer training will start the first week of November, weather pending. For more information or to add yourself to the volunteer list, please email

admin@dalhousiecalgary.ca!



CURRENT OPPORTUNITIES AT THE DCA!

GENERAL MANAGER

The Dalhousie Community Association is hiring a General Manager!

For more information, visit

<https://www.dalhousiecalgary.ca/community-info/jobs/>

OUT OF SCHOOL CARE

We are looking for staff to work in our Out of School Care program on an ongoing basis.

Please email Sharon at

doscdirector@dalhousiecalgary.ca for more information.

ZUMBA INSTRUCTOR

The Dalhousie Community Association is looking to hire an experienced and certified Zumba instructor for our program we have at the DCA! At this time, we are looking for two classes a week – dates and times can be negotiable. Please respond with your resume and other related information to admin@dalhousiecalgary.ca. Starting at \$45/hour

SKATING INSTRUCTOR

The Dalhousie Community Association is looking to hire a skating coach to teach our Learn To Skate program! The program is offered at our outdoor rink, just behind the community centre at 5432 Dalhart Rd. NW. In the past, most of our participants have skated 5 or less times, and are looking to learn basic movements such as stopping techniques, turns, backwards skating, and other skating basics. The program is tentatively set to run on Tuesdays between and including January 26 to February 23, 2021 with the shift being from 6:00 p.m. to 8:00 PM, and the teaching time to be from 6:15 PM to 7:45 PM, with the core of the class running from 6:30 PM – 7:30 PM. \$18/hour

SNOW REMOVAL

The DCA is looking to hire a local resident for a snow removal contract at the Dalhousie Community Centre! Details:

- \$15/hour – a minimum of 1 hour per job (may only take 30 minutes some days, but there could be additional tasks outside to be completed)
- Job is a casual and temporary, on an “as needed” basis directed by the DCA Administrator
- Job duties include snow shoveling and clearing, ice chipping, sidewalk salting
- Shoveling equipment and sidewalk salt included, please come dressed appropriately for the weather
- Must be 18+
- Potential Hours of Work: 7:30 a.m. for the mornings, and potentially at 12:00 p.m. as well – all depending on weather conditions

Email admin@dalhousiecalgary.ca with your resume or history of related experience, and confirm your availability for the winter season, Monday-Sunday. We will only contact those that provide all the information asked for and that are qualified for the position.

VOLUNTEERS WANTED!

The DCA is looking for volunteers to help within a few different areas of our operations.

Depending on the situation we may need volunteers weekly, month, or just a couple times a year – however we are grateful for any time that is dedicated to help the DCA! We are looking for volunteers to help with:

- Maintenance of our outdoor rink
- Shoveling snow from sidewalks and front parking stalls
- Veteran’s Food Drive and Inn From The Cold Toy Drive delivery drivers
- Dalhousie community litter clean up

Email admin@dalhousiecalgary.ca if interested!

Sugar Cookie Recipe

INGREDIENTS

- 2 1/2 cups all-purpose flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 3/4 cup softened butter
- 1 cup granulated sugar
- 1/2 cup powdered sugar
- 2 large eggs
- 1/2 teaspoon pure vanilla extract

DIRECTIONS

- 1: Preheat oven to 400 degrees F.
- 2: Sift together the flour, baking powder and salt. Set aside.
- 3: Cream together the butter and sugar.
- 4: Beat in eggs and vanilla
- 5: Add the flour/salt/baking powder mixture.
Mix on low setting until blended.
- 6: Roll out the dough into "sheets" between layers of waxed paper.
- 5: Cut shapes with a cookie cutter and place on ungreased cookie sheets 1 inch apart. Combine all scraps, roll out again, refrigerate for a few minutes and repeat until all of the dough is gone.
- 6: Bake 6-8 minutes (depending on cookie size) in preheated oven. Cool completely.

Winter Word Search

F G S B W M T X H Q L T S A J D T N L M D U L F
S A G A K R X H B L C T J L V I V H Q V I Y G D
S M C F L V P T O I C D C H H D O P L O W V N K
N W W B Y T P L O T A S N U V M C Q V B Z I I T
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|------------|--------------|
| TUBING | SNOWBOARDING |
| MITTENS | SNOWFLAKE |
| BELOW ZERO | COLD |
| SLIDING | SNOWBALL |
| SKIING | PLOW |
| SNOWMOBILE | FLURRIES |
| SCARF | BOOTS |
| JACK FROST | SLEIGHBELLS |
| BAKING | FREEZING |
| SCRAPER | SALT |
| BLIZZARD | FISHING |
| HOCKEY | SKATING |
| ICICLE | DRIFTS |
| GLOVES | JACKET |
| SNOWMAN | SNOW |

